



## **Exercise and Falls Prevention Instructors (10-15 hours/week)**

Community Care Peterborough provides services that support independence and promote peace of mind for seniors, their families and for adults with physical challenges who live in the City and County of Peterborough.

### **Position Summary:**

Providing exercise and falls prevention instruction to groups of seniors with varying degrees of physical and cognitive ability. Classes also vary in degree of physical effort, endurance and difficulty. Classes will occur in several communities across the City and County of Peterborough.

### **Qualifications / Skills:**

- Physio Therapist, Physio Therapist Assistant, Kinesiologist, Occupational Therapist , Fitness Instructor or related background or equivalent work experience
- Strong organizational skills, accuracy with attention to detail, ability to multi-task
- Good interpersonal skills and written communication
- Computer and email efficiency
- Valid driver's license and reliable transportation

**Please submit a letter of interest by September 13th, 2019  
to: Shannon Burton, Supervisor of Wellness and Exercise  
Community Care Peterborough  
185 Hunter Street East  
Peterborough, ON K9H 0H1  
[HR@commcareptbo.org](mailto:HR@commcareptbo.org) or Fax 705-745-6011**

**Please indicate "Exercise Instructor" in subject line of email.**

**"We thank all applicants for their interest, however, only those selected for an interview will be contacted."**

