

Special Diet Meals on Wheels Order

Pick-up

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Delivery

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Route:

Delivery/Pick-Up Date:

Order Taken By:

Client:

Phone:

Address:

AlayaCare: MOW on File

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Non-Client

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Comments:

Please refer to [apetito brochure](https://my.apetito.ca/nutridata) or <https://my.apetito.ca/nutridata> for additional dietary information

**** To ensure meals meet your dietary needs, please speak to your dietician ****

SPECIAL DIET ENTRÉES

Options for Lactose Free, Gluten Free, Controlled Potassium, Controlled Phosphorus & More

_____ Apple Braised Pork
_____ Beef & Vegetable Casserole

_____ Chicken with Gravy
_____ Hawaiian Chicken

_____ Herbed Fish
_____ Turkey in Gravy

HALAL

_____ Beef Curry
_____ Butter Chicken
_____ Chana Masala

_____ Chicken Biryani
_____ Lemon & Herb Chicken Souvlaki
_____ Spicy Beef Stew

_____ Sweet Curry Chicken
_____ Vegetarian Dhal

VEGETARIAN ENTRÉES

_____ Chana Masala
_____ Cheese Omelet
_____ Macaroni & Cheese
_____ Pasta Primavera

_____ Penne with Italian Marinara Sauce
_____ Scrambled Eggs w/ Home Fries
_____ Tortellini With Tuscan Cream Sauce
_____ Vegetable Chili

_____ Vegetable Curry
_____ Vegetable Dhal
_____ Vegetable Lasagna
_____ Vegetarian Stew

MINCED ENTRÉES

_____ Apple Braised Pork
_____ Beef Dinner
_____ Beef Stew
_____ Chicken a la King
_____ Ham
_____ Honey Dijon Pork
_____ Pasta Primavera
_____ Turkey Dinner
_____ Vegetarian Stew

PUREED ENTRÉES

_____ Apple Braised Pork
_____ Beef & Vegetable Casserole
_____ Chicken a la King
_____ Creamed Salmon
_____ Lemon Herb Fish
_____ Meatloaf
_____ Pot Roast Beef
_____ Shepherd's Pie
_____ Spaghetti Bolognese
_____ Sweet & Sour Chicken
_____ Turkey Casserole
_____ Turkey Dinner
_____ Vegetarian Lasagna

GLUTEN-FREE ENTRÉES

_____ Beef Pot Roast
_____ Vegetarian Dhal
_____ Traditional Pot Roast
_____ Lemon Herb Fish
_____ Chicken Breast with
_____ Cheddar Bacon Sauce

THICKENED PURÉED SOUPS

_____ Broccoli Soup
_____ Carrot Soup
_____ Cauliflower Soup
_____ Chicken Noodle Soup
_____ Mushroom Soup
_____ Tomato Beef Soup

Entrées _____ x \$7.00 = _____
Soups _____ x \$3.00 = _____

TOTAL _____

Order Filled By: _____

Payment Received By: _____

Cash ☐ Cheque ☐ Credit Card ☐
Debit ☐ Invoice ☐ HAL ☐ HF ☐

AlayaCare Entry:

Client ☐

Non-Client ☐

Visit added to Schedule ☐

Payment Added ☐

