



We are a Canadian registered charity with a volunteer-based Board of Directors that is legally responsible for the governance of our organization. Within that mandate, our board develops, implements, and monitors policies that allow our organization to carry out its work.

Board members are also the fiduciaries who steer an organization towards a sustainable future by adopting sound, ethical, legal governance, and financial management policies, as well as by making sure their nonprofit has adequate resources to advance its mission.

We are fortunate to have so many skilled and caring individuals who serve as our Board Members. This month we will feature **Board Member, Sonya Sohi.**

Sonya was elected as a Board member with Community Care Peterborough in June 2025.

Sonya began her career in 2002 in the seniors' housing sector with her family's business as Vice President of Operations and helped expand the portfolio to eight retirement residences across Ontario.

In 2013, she became Director of Operations at Sunrise Senior Living and oversaw nine retirement communities across Ontario. After leaving Sunrise, Sonya went on to 'plant' Peachtree Senior Living Inc. where she is currently President and is also the owner/operator of Le Pavillon and Maplevue Retirement Residence in Norwood.

What inspired Sonya to become a Board Member at Community Care?



Sonya said she was inspired to become a Board Member as she is passionate about supporting and strengthening the community of Peterborough County. "I am honored to contribute to Community Care Peterborough's mission of compassion, connection, and community service," she shared.

She feels working in the seniors' sector has been her calling from the very beginning and seeks to enrich the lives of all seniors with a serving heart. Sonya is also a Board member on the Ontario Retirement Communities Association, and is founder of "Eyes of Humanity," an initiative to provide eyeglasses to the needy in India.

Sonya's extensive experience in seniors' living and in both the non-profit and business world makes her an incredible addition to the Board of Directors at Community Care Peterborough.

For more information about our governance volunteers, please visit:

www.commcareptbo.org/about%20us/Board%20Members