

Community Care Locations

Apsley	705-656-4589
Buckhorn.....	705-657-2171
Chemung	705-292-8708
Havelock	705-778-7831
Lakefield	705-652-8655
Millbrook	705-932-2011
Norwood	705-639-5631
Peterborough	705-742-7067
Access to Primary Care (APC)	705-872-6850
Caremobile (County residents)	705-749-0036
Home at Last	705-872-6850

Helplines *available 24 hours

Caregiver Helpline*	1-833-416-2273
Crisis Services*(suicide prevention)	1-833-456-4566
First Nations and Inuit Hope for Wellness Helpline	1-855-242-3310

Four County Crisis*	1-866-995-9933
Kawartha Sexual Assault*	1-866-298-7778
Ontario Problem Gambling	1-888-230-3505
Seniors Safety Line (elder abuse)	1-866-299-1011
Smokers' Helpline	1-877-513-5333
Telecare Distress Centre*	705-745-2273
Health811*	811
YWCA Domestic Violence*	1-800-461-7656

Home Care

Home and Community Care Support Services (HCCSS)	705-743-2212
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HCCSS Contracted Home Care Providers

CarePartners	705-745-3339
CBI Home Health (We Care)	705-742-7751
Nightingale Nursing Registry Ltd	705-652-6118
SE Health	1-800-668-4773
VON	705-874-3935

To hire private home care, please call 2-1-1 or refer to the phone book for “Home Health Care Services”

Respite Care (non-profit)

VON Adult Day – Havelock.....	705-778-1794
VON Adult Day – Ptbo Square	705-874-0140
VON Adult Day – Woodland	705-874-3000
VON In Home Respite.....	705-874-3935

To hire a private organization for in-home respite care, please call 2-1-1 or refer to the phone book

Support for Health Conditions

Alzheimer Society	705-748-5131
Arthritis Society	705-742-7191
Brain Injury Association	705-741-1172
CNIB	705-745-6918
Canadian Cancer Society	705-742-3823
Canadian Hearing Society	1-866-518-0000
Diabetes Canada	1-800-226-8464
Heart & Stroke Foundation	705-749-1044

Hospice Peterborough	705-742-4042
Kidney Foundation	1-800-387-4474
Multiple Sclerosis Society	705-748-4221
Osteoporosis Canada	1-800-463-6842
Parkinson Society Canada	705-292-8119

Medical

Community Dental Health Clinic	705-748-2230
Good Doctors Walk-in Clinic	705-304-1034
Health Care Connect (new doctor)	1-800-445-1822
Lansdowne Place Walk-In Clinic	705-775-1516
Peterborough 360 Degree Nurse Practitioner-Led Clinic	705-874-3900
Peterborough Family Health Team	705-740-8020
Peterborough Public Health	1-877-743-0101
Peterborough Regional Health Centre	705-743-2121
Peterborough Virtual Care Clinic	705-536-0882
Rapid Access Addiction Medicine Clinic (RAAM Clinic)	705-749-9708

Mental Health Services & Counselling

Canadian Mental Health Association (CMHA).....	
.....	1-866-990-9956
CCRC – Professional Counselling.....	705-742-4258
Four Counties Addictions Services (FourCAST).....	
.....	1-800-461-1909
Psychiatric Assessment Service for the Elderly (PASE)	
.....	1-866-877-2910
Psychosis Assessment & Treatment Clinic (PATC)	
.....	705-876-5071

Medical Equipment

Align Home Health Care	705-304-2000
Medigas	705-742-5533
Motion	705-742-6185
Wellwise by Shoppers Drug Mart	705-743-5100

Housing

Housing Resource Centre – CCRC.....	705-743-2272
Ontario Aboriginal Housing.....	1-866-391-1061

Library Home Delivery Service

Asphodel Norwood Public Library.....	705-639-2228
Cavan Monaghan Library - Millbrook.....	705-932-2919
Peterborough Public Library	705-745-5382 x 2321
Selwyn Public Library	705-292-8022

Seniors' Recreation

ABC (Anstruther/Burleigh/Chandos) Seniors.....	705-306-0347
Activity Haven Senior Centre.....	705-876-1670
Chemung Senior Citizens Family 50+	705-749-9093
Ennismore Seniors Activity Club 50+.....	705-741-1718
Glen Alda Seniors.....	705-656-1850

Golden Years Club – Lakefield	705-652-0202
Havelock-Belmont-Methuen Seniors	705-778-2386
Mapleridge Recreation Centre	705-742-1481
McDonnell Street Activity Centre	705-874-1301
Peterborough Sports & Wellness Centre	705-742-0050
YMCA	705-748-9622

Shopping and Grocery Delivery

*Contact your local Community Care office for more
information – numbers on first page*

Buckhorn Foodland.....	705-657-3311
Charlotte Pantry	705-745-9068
Norwood Foodland.....	705-639-2220
Real Canadian Superstore	www.pcxpress.ca/delivery

Transportation

Call-A-Cab (accessible)	705-745-2424
Capitol Taxi (accessible).....	705-742-4242

Caremobile (accessible – County)	705-749-0036
Handivan (accessible – City)	705-745-5801
Peterborough Transit	705-745-0525
Wheels of Hope (cancer)	1-800-263-6750

*For private organizations offering transportation,
please call 2-1-1 or refer to the phone book*

Financial

Assistive Devices Program	1-800-268-6021
Canada Revenue Agency	1-800-959-8281
Credit Canada	1-800-267-2272
Ontario Disability Support Program	705-742-9292
Ontario Drug Benefit Program	1-888-405-0405
Ontario Works	705-748-8830
Pensions (CPP, OAS, GIS)	1-800-277-9914
Pensions (GAINS)	1-866-668-8297
Trillium Drug Program (under 65)	1-800-575-5396
Veterans Affairs Canada	1-866-522-2122

Free Income Tax Clinics

FRIENDS Peterborough (year-round) 705-745-2830

Community Volunteer Income Tax Program

Salvation Army 705-742-4391

The Happy Wanderers 705-745-4303

Legal

Advocacy Centre for the Elderly 1-416-598-2656

Legal Aid Ontario 705-743-5430

Peterborough Community Legal Centre 705-749-9355

Police

OPP-General Inquiries 705-742-0401

- 24 Hour Service 1-888-310-1122

Peterborough Police Service 705-876-1122

Government

MP, Michelle Ferreri.....	705-745-2108
MPP, Dave Smith	705-742-3777
Service Canada	1-800-622-6232
Service Ontario	705-755-4427

Retirement Homes

Applewood Retirement Residence	705-749-1500
Canterbury Gardens	705-876-1414
Empress Gardens	705-876-1314
Jackson Creek Retirement Residence	705-742-0411
Kawartha Heights Retirement Living	1-855-749-2300
Maple View Retirement Residence.....	705-639-5374
Peterborough Retirement Residence	705-748-5343
Princess Gardens	705-750-1234
Regency Retirement	705-761-2400
Royal Gardens	705-741-6036
Rubidge Retirement Residence	705-748-4000

Sherbrooke Heights705-750-1020

Long Term Care Homes

Centennial Place.....705-932-4464

Extendicare Lakefield.....705-652-7112

Extendicare Peterborough.....705-743-7552

Fairhaven.....705-743-4265

Pleasant Meadow Manor.....705-639-5308

Riverview Manor.....705-748-6706

Springdale Country Manor705-742-8811

St. Joseph's at Fleming.....705-743-4744

Shelters

Brock Mission705-748-4766

Cameron House.....705-748-4766

YES Shelter for Youth & Families.....705-748-3851

YWCA Crossroads.....1-800-461-7656

