

Frozen Meals on Wheels Order

Pick-up

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Delivery

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Route:

Delivery/Pick-Up Date:

Order Taken By:

Client:

Phone:

Address:

AlayaCare: MOW on File

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Non-Client

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Comments:

Please refer to apetito brochure or <https://my.apetito.ca/nutridata> for additional dietary information

BEEF ENTRÉES

- ☐ Beef Curry - Halal
- ☐ Beef Stew / Spicy Beef Stew-Halal
- ☐ Beef Stroganoff
- ☐ Chopped Swiss Steak
- ☐ Liver & Onions
- ☐ Macaroni Meat Casserole
- ☐ Meat Lasagna
- ☐ Meatballs and Gravy
- ☐ Meatloaf in Mushroom Gravy
- ☐ Meatloaf with Tomato Sauce
- ☐ Asian-Style Beef
- ☐ Salisbury Steak with Onion Gravy *f
- ☐ Spanish Rice With Beef *NEW
- ☐ Shepherds Pie
- ☐ Sliced Beef in Mushroom Gravy
- ☐ Spaghetti Bolognese
- ☐ Steak & Mushroom Pie
- ☐ Traditional Pot Roast (GF)

FISH ENTRÉES

- ☐ Asian Glazed Salmon
- ☐ Fish Cakes
- ☐ Fish & Country Style Potatoes *NEW
- ☐ Fish Florentine
- ☐ Lemon Herb Fish (GF)
- ☐ Salmon in Lemon Sauce
- ☐ Shrimp with Tomato Pepper Sauce*NEW
- ☐ Tuna Pasta Casserole

PORK ENTRÉES

- ☐ Apple Braised Pork
- ☐ Baked Ham
- ☐ Bangers & Mash
- ☐ BBQ Rib-Style Pork Cutlet
- ☐ Pork with Stuffing
- ☐ Seasoned Pork Loin
- ☐ Sweet & Sour Pork

POULTRY ENTRÉES

- ☐ Breaded Chicken Fingers
- ☐ Butter Chicken - Halal
- ☐ Chicken Teriyaki *New
- ☐ Chicken à la King
- ☐ Chicken Breast w Broccoli & Cheddar
- ☐ Chicken Breast w Bacon Cheddar(GF)
- ☐ Chicken Biryani - Halal
- ☐ Chicken Cacciatore
- ☐ Chicken Pot Pie
- ☐ Chicken Rose Pasta
- ☐ Chicken Stew
- ☐ Chicken w Honey BBQ Sauce
- ☐ Chicken w Mushroom Gravy
- ☐ Country Chicken
- ☐ General Tso's Chicken
- ☐ Honey Apple Glazed Chicken
- ☐ Lemon Chicken
- ☐ Lemon & Herb Chicken Souvlaki -Halal
- ☐ Roast Chicken Thigh
- ☐ Sweet Curry Chicken - Halal
- ☐ Sweet & Sour Chicken
- ☐ Turkey Chili
- ☐ Turkey with Stuffing

VEGETARIAN ENTRÉES

- ☐ Cheese Perogies with Sour Cream *NEW
- ☐ Cheese Omelet
- ☐ Macaroni & Cheese
- ☐ Mexican Rice & Bean Casserole
- ☐ Pasta Primavera
- ☐ Scrambled Eggs w/ Home Fries
- ☐ Sweet & Sour Tofu *NEW
- ☐ Spaghetti & Tomato Sauce
- ☐ Vegetable Chilli
- ☐ Vegetable Dahl -Halal (GF)
- ☐ Vegetable Lasagna

SOUPS

- ☐ Beef & Vegetable
- ☐ Beef Barley
- ☐ Broccoli Soup
- ☐ Carrot Soup
- ☐ Chicken & Vegetable
- ☐ Chicken Noodle
- ☐ Country Vegetable
- ☐ Cream of Cauliflower
- ☐ Cream of Mushroom
- ☐ Cream of Potato & Leek
- ☐ Cream of Tomato
- ☐ Minestrone
- ☐ Split Pea & Ham
- ☐ Squash
- ☐ Turkey & Rice

DESSERTS

- ☐ Apple Cake
- ☐ Apple Pie Square
- ☐ Banana Cake
- ☐ Blueberry Scone
- ☐ Brownie
- ☐ Butter Tart
- ☐ Carrot Loaf
- ☐ Cherry Cheesecake
- ☐ Chocolate Fudge Cake
- ☐ Fruit Cocktail
- ☐ Lemon Layer Cake
- ☐ Lemon Tart
- ☐ Orange Layer Cake
- ☐ Pecan Tart
- ☐ Raspberry Tart
- ☐ Sticky Toffee Pudding
- ☐ Strawberry Shortcake

Entrées x \$6.25 =
Soups x \$3.00 =
Desserts x \$3.00 =
TOTAL

Order Filled By:

Payment Received By:

Cash ☐ Cheque ☐ Credit Card ☐Debit ☐ Invoice ☐ HAL ☐ HF ☐

AlayaCare Entry:

Client ☐Non-Client ☐Visit added to Schedule ☐Payment Added ☐

2025-Aug-01