Frozen Meals on Wheels O	rder Pick-up 🗆 Delivery	V □ Route:	
Delivery/Pick-Up Date:		Order Taken By:	
Client:	Phone:		
Address:	AlayaCare	: MOW on File	
Comments:			
	re or https://my.apetito.ca/nutridata for a		
BEEF ENTRÉES	POULTRY ENTRÉES	SOUPS	
Beef Stew	Breaded Chicken Breast	Beef & Vegetable	
Beef Stroganoff	Breaded Chicken Fingers	Beef Barley	
Cabbage & Beef Casserole	Butter Chicken	Broccoli Soup	
Chopped Swiss Steak	Chicken à la King	Carrot Soup	
Liver & Onions	Chicken Breast w Broccoli & Cheddar	Chicken & Vegetable	
Macaroni Meat Casserole	Chicken Breast w Cheddar Bacon (GF)	Chicken Noodle	
Meat Lasagna	Chicken Cacciatore	Country Vegetable	
Meatballs and Gravy	Chicken Pot Pie	Cream of Cauliflower	
Meatloaf in Mushroom Gravy	Chicken Rose Pasta	Cream of Mushroom	
Meatloaf with Tomato Sauce	Chicken Stew	Cream of Potato & Leek	
Oriental Beef	Chicken w Honey BBQ Sauce	Cream of Tomato	
Shepherds Pie	Chicken w Mushroom Gravy	Minestrone	
Sliced Beef in Mushroom Gravy	Chicken w Tangy BBQ Sauce	Split Pea & Ham	
Sliced Beef w Peppercorn Sauce	Country Chicken	Squash	
Spaghetti Bolognese	General Tso's Chicken	Turkey & Rice	
Steak & Mushroom Pie	Honey Apple Glazed Chicken		
Traditional Pot Roast (GF)	Lemon Chicken	DESSERTS	
	Roast Chicken Thigh	Apple Cake	
FISH ENTRÉES	Sweet & Sour Chicken	Apple Pie Square	
Asian Glazed Salmon	Sweet Curry Chicken	Banana Cake	
Fish Cakes	Turkey Chili	Blueberry Scone	
Fish & Chips	Turkey with Stuffing	Brownie	
Fish Florentine		Butter Tart	
Lemon Herb Fish (GF)	VEGETARIAN ENTRÉES	Carrot Loaf	
Salmon in Lemon Sauce	Chana Masala	Cherry Cheesecake	
Tuna Pasta Casserole	Cheese Omelet	Chocolate Fudge Cake	
	Macaroni & Cheese	Fruit Cocktail	
PORK ENTRÉES	Mexican Rice & Bean Casserole	Lemon Layer Cake	
Apple Braised Pork	Pasta Primavera	Lemon Tart	
Baked Ham	Scrambled Eggs w/ Home Fries	Orange Layer Cake	
Bangers & Mash	Spaghetti & Tomato Sauce	Pecan Tart	
BBQ Rib-Style Pork Cutlet	Vegetable Chili	Raspberry Tart	
Pork with Stuffing	Vegetable Curry	Sticky Toffee Pudding	
Seasoned Pork Loin	Vegetable Dhal (GF)	Strawberry Shortcake	
Sweet & Sour Pork	Vegetable Lasagna	, , , , , , , , , , , , , , , , , , ,	
Entrées x \$6.25 =	Order Filled By:		
Soups x \$3.00 =	Payment Received By:		
Desserts x \$3.00 =	Cash Chequ		
TOTA	<u>_</u> '		
AlavaCare Entry: Client	Non-Client Visit added to Schedule	Payment Added	