



Fundraiser



For more information visit [www.commcareptbo.org/mealstogo](http://www.commcareptbo.org/mealstogo)

### Meals to Go – Group Order Form

**Name of business:** \_\_\_\_\_ **Address:** \_\_\_\_\_

Additional delivery info: \_\_\_\_\_

Group Contact Person: \_\_\_\_\_ Phone/Email: \_\_\_\_\_

Deliveries available only to workplaces within the City of Peterborough.

**\* Orders must be received at least 7 days prior to selected delivery date. Quantities are limited each day. \***

<b>Pick your Date</b>	<b>Pick your Delivery Time</b>	<b>Curb-side Pick up</b>
<input type="radio"/> March 2 <input type="radio"/> March 30	<input type="radio"/> 11:30-12:00 <input type="radio"/> 12:00-12:30	at 185 Hunter St E <input type="radio"/> 1 – 2 pm

Name	Your Lunch choice (@\$10)	Make a donation - Get a Meal, Give a Meal! Sponsor Meals on Wheels for a senior			Total
		Charitable tax receipts available for donations of \$10 or more			
	<input type="radio"/> Salad <input type="radio"/> Lactose free <input type="radio"/> Wrap <input type="radio"/> Vegetarian	<input type="radio"/> One meal (\$10)	<input type="radio"/> A week (\$50)	<input type="radio"/> Other \$_____	
	<input type="radio"/> Salad <input type="radio"/> Lactose free <input type="radio"/> Wrap <input type="radio"/> Vegetarian	<input type="radio"/> One meal (\$10)	<input type="radio"/> A week (\$50)	<input type="radio"/> Other \$_____	
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Submit your group order at <https://www.commcareptbo.org/mealstogo> or fax to: 705-742-7608  
Questions? Contact Iris at Community Care: 705-742-7067 or [icrowder@commcareptbo.org](mailto:icrowder@commcareptbo.org)



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## **Southwest Menu**

### **- Starter -**

Flavourful, homemade mango coconut curry soup

### **- Main -**

#### *Option 1*

(Lactose and Gluten free)

Grilled chicken salad with black beans, tomato, corn and feta cheese on a bed of fresh greens

*or*

#### *Option 2*

(Lactose free option has no cheddar cheese)

Grilled chicken wrap with black beans, tomato, corn and cheddar cheese with zesty chipotle mayo

### **- Dessert -**

Moist date cake with coconut frosting



\* Vegetarian option - substitutes chicken in wrap or salad with chipotle black bean crumble

\* Lactose-free option – dessert is apple chocolate chip cake w cream cheese frosting

*With thanks to our community supporters*

