



Norwood Office

Office remains closed however services are **arranged remotely**.

Service hours:

Mon. to Fri. - 9:00 am to 1:00pm

Services

- Meals on Wheels (Hot and Frozen)
- Transportation
- Telephone Reassurance Calls
- Personal Distress Alarms
- Friendly Visiting (by telephone and porch visits)
- Exercise and Falls Prevention Classes available virtually by ZOOM
- Brokered Services – Home Maintenance and Home Help
- Medical Equipment Loan Program
- Delivery of Essentials (Groceries and prescriptions)

Remaining on hold

- Blood Pressure Clinic
- Foot Care Clinic
- Wellness and Fitness programs
- Diner's club
