

## New Partnership with North Kawartha Fire Department

**March 17<sup>th</sup>, 2020**

---

With the support of 180 Meals on Wheels volunteers, Community Care delivers almost 40,000 hot and frozen meals each year in the City and County of Peterborough and the need continues to grow.

Each March, Meals on Wheels providers, like Community Care, across Ontario participate in a month-long initiative called “March for Meals” to raise awareness about this program and to encourage members of the public to volunteer their time to deliver meals in their communities.

The North Kawartha Fire Department (NKFD) has answered this call and recruited student firefighters to help deliver meals in Apsley.



Pictured above: (L-R) Onkar Johal and Michael Hogeveen both student firefighters with North Kawartha Fire Department.

For those seniors who live in the Apsley area, this program offers a large selection of frozen entrees (\$5.25 each), soups (\$2.50 each) and desserts (\$2.50), delivered to their door by local volunteers. There are 58 entrees to choose from and all these meals come perfectly portioned and are easily heated up in the microwave in 5 to 7 minutes.

“Our meals are very healthy and we also have many options available for special dietary needs,” said Sarah McCall – Community Care’s Community Development Coordinator in Apsley. “Frozen meals are delivered once per month and last year we delivered 477 meals. Our next delivery is Thursday, March 19<sup>th</sup>, 2020 and this new partnership will help us meet the growing need for our Meals on Wheels program in Apsley.”

“The North Kawartha Fire Department has partnered with Community Care to assist with Meals on Wheels and together we are working to ensure that it remains viable,” said NKFD’s Fire Chief Jesse Lambe. “The partnership of our two organizations has many benefits including an increase in the number of volunteers able to assist in providing this service, well-being checks, fire education by our firefighters and creating community ties with those who may be feeling isolated.”

“The services that we provide to clients in the City and County of Peterborough are critical and the need is rapidly increasing,” said Danielle Belair, Executive Director for Community Care Peterborough. “Together, we can keep seniors living independently, healthier at home and feeling more connected to their community as they age. I want to thank our local champions for helping us raise awareness about this vital community program, assist in recruiting new delivery volunteers, as well as help our fundraising efforts to sustain this essential program.”

For more information about volunteering or to get a complete menu of all the frozen entrees, soups and dessert offerings, call Community Care in Apsley at (705) 656-4589 or you can visit [www.commcareptbo.org](http://www.commcareptbo.org).

-30-

**Media Contacts**

Alicia Vandine  
Donor Relations and Communications Lead  
Community Care  
**phone:** (705) 775-3083 ext. 224  
**email:** [avandine@commcareptbo.org](mailto:avandine@commcareptbo.org)

Sarah McCall  
Community Development Coordinator  
Community Care  
**phone:** (705)656-4589  
**email:** [smccall@commcareptbo.org](mailto:smccall@commcareptbo.org)

***Empowering you to live at home in the City and County of Peterborough***

[www.commcareptbo.org](http://www.commcareptbo.org)