

Enjoy lunch for yourself and support Meals on Wheels!

This year, our dedicated volunteers will deliver almost 40,000 hot and frozen Meals on Wheels to seniors and adults living with physical challenges in the City and County of Peterborough. For many in our community, being able to live in their own home hinges on having access to affordable nutritious meals, and this service plays a vital role in making that possible.

You can help to make sure that *no one* goes without a meal.

Treat yourself to Meals to Go - enjoy a fabulous lunch delivered by our Meals on Wheels volunteers to your workplace, and you will also be helping a senior in need.

When: Lunch can be delivered to your office on any Wednesday in March, 2019 Quantities are limited. Please order a week before the next delivery date, e.g. if you would like lunch on March 6th send your order before February 27th. Order soon as quantities are limited.

Cost: Just \$10 per lunch

Prepared fresh, and delivered right to your workplace (within the City of Peterborough), your delicious boxed lunch will hit the spot - and you'll have the added satisfaction of knowing that your support is helping to bring Meals on Wheels to seniors in this community.

How you can you help even more?

Sponsor a lunch for a senior too! With your order, make a donation to our meal subsidy fund. Every \$10 donation means that we can provide a meal at no charge to someone who truly can't afford it for themselves. Charitable tax receipts are available for donations of \$10 or more.

It's easy!: Click here to download and print the poster order form then circulate or post it in your office for others to join in. Then send us the total order.

Place your order:

You can choose any option:

- a. Download the Meals to Go order form from our website, fill in the blank areas and hit submit
- or b. Call 705-742-7067 to order over the phone
- or c. E-mail your total order to icrowder@commcareptbo.org
- or d. Fax your completed order form to 705-742-7608.

Payment options:

- 1. Pay upon delivery using cash or cheque
- 2. To pay by credit card contact Iris at icrowder@commcareptbo.org

Thank you for reading and sharing this with your colleagues. We couldn't do it without YOU!

Questions?

For more information, please contact Iris at 705-742-7067 ext 202 or email icrowder@commcareptbo.org











