

For more information visit www.commcareptbo.org/mealstogo

<u>Meals to Go – Group Order Form</u>

Name of business:	Address:
Additional delivery info:	
Group Contact Person:	Phone/Email:

Deliveries available to your home or business, or for pick up at our Lakefield office (40 Rabbit St). * Orders must be received <u>at least 7 days prior</u> to selected delivery date. *Quantities are limited each day.* *

Choose your Delivery Time on Wednesday, May 31, 2023

O 12:00-12:30

O 11:30-12:00

		Make a donation - Get a Meal, Give a Meal!		Total	
Name	Your Lunch choice (@\$10)	Sponsor <u>Meals on Wheels</u> for a senior			
		Charitable tax receipts available for donations of \$10 or mo			
	O Regular O Lactose free O Vegetarian O Gluten free	O One meal (\$10)	O A week (\$50)	O Other \$	
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Submit your group order at <u>https://www.commcareptbo.org/mealstogo</u> or fax to: 705-652-7332 Questions? Contact Lorri at Community Care: 705-652-8655 or lrork@commcareptbo.org





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GREEK FEAST

GREEK SALAD

Fresh Romaine lettuce, cucumber, tomatoes and red onion topped with sliced black olives, local goat feta cheese and homemade Greek dressing

CHICKEN TZATZIKI PITA WRAP

Diced chicken on a fresh pita with lettuce, cucumber, grape tomatoes, red onion, black olives, local goat feta cheese and creamy Tzatziki sauce

DESSERT

Fresh fruit cup medley of cantaloupe, blueberries and grapes

(Cutlery not included)

Modified menu options:

Vegetarian – regular salad and dessert, pita with vegetarian meat chicken strips Lactose free – salad (no cheese), pita with tzatziki sauce removed, and regular dessert Gluten free – regular salad and dessert, gluten free pita with grilled chicken tenders

With thanks to our generous community supporters

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