

Empowering you to live at home in the City and County of Peterborough

# Annual Report 2024 - 2025

www.commcareptbo.org

## **Board President Message**

Nowhere is the impact of Community Care Peterborough seen more clearly and honestly than in the client and family member testimonials that we receive every week.

From a client: "...staff and Community Care do so much for us with genuine care. I was able to stay in my country place by myself as a full-time wheelchair user with your help with rides, food, etc...It was so good to know someone was watching out for me and building stronger community for everyone. Thank you."

From a family member: "I don't know what we would do without Community Care as the services help to keep mom at home and independent."

Our organization is strong and capable and our mission aligns exactly with an individual's desire to remain in their own home and, indeed, the Province of Ontario's 'Home First' initiative. Inside this report you will see how over 800 volunteers reach over 6000 clients in all corners of Peterborough County. Our organization is unique in having 8 offices that serve as regional hubs in their communities. In this way, our staff and volunteers can offer the personalized service that our clients so appreciate. Our services range from meal and grocery delivery to transportation, from fallsprevention exercise classes to home maintenance, and from reassurance calls and visits to PSW support when visiting your Primary Care doctor or when you return home after a hospital stay. All foundationally important services that allow people to remain independent and in their own homes.

As I complete my term as Board President, I can honestly say that it is an honour to be a part of such a hardworking and sincerely dedicated organization. I would like to thank our volunteers, staff, and administration for their unwavering



care for our clients. I would also like to thank our donors because, without their support, we would be unable to continue our critical work.

Thank you and well done everyone!



## **Chief Executive Officer Message**

Community Care Peterborough has an ongoing commitment to our clients, volunteers, staff, and stakeholders to strive for excellence in the delivery of our many services. As we reflect on another year, 2024 was especially busy as more people than ever are turning to Community Care, seeking the support that enables them to live with dignity and independence.

We are very proud of what Community Care stands for and the vital work that we do. We thrive from the strong and firm roots we have in our communities. Our clients know they can count on us; we are there for them. As many clients say, "My family is not next door, but Community Care is."

We made some significant progress in our 2021-2026 Strategic Plan and have been successful in achieving objectives outlined in each of our four strategic directions. Special thanks to our Management Team! We couldn't have done many of these accomplishments without your leadership. Our work will carry on as we begin the planning for our next Strategic Plan.

It is important to ensure that organizational growth and change are sustainable and funded, and that Community Care continues to thrive as an organization so that it can perform its vital role for its clients, now and into the future. Community Care will continue to seek out partners, develop collaborations, and cultivate innovation to enhance its impact and build a flourishing organization.

We sincerely want to congratulate and thank our dedicated staff and volunteers who made the vital work of Community Care possible. They continue to make a positive impact on our communities. Sincere thanks to each of the Board members for their commitment and dedication to our mission, vision and values. We look forward to an exciting year ahead. Our mission remains stronger than ever! Together, we can keep communities strong, no matter what life brings. Life Changes, Community Doesn't. Thank you for supporting Community Care.



Communities where every person's health, wellness and independence is deeply valued and fully supported.



## Mission

Powered by volunteers and staff, Community Care Peterborough supports the health and well-being of individuals, caregivers and communities. As a trusted health care partner, our high-quality programs allow people across our rural and urban region to maintain their independence and dignity.



Values

Respect, Collaboration, Accessibility and Leadership.

# **Senior Management Team**

Danielle Belair	Chief Executive Officer
Catherine Pink	Director, Operations
Dalma Ladi-Vecsei	Director, Finance & Administration
Chris LeBlanc	Director, Donor & Public Relations
Aja Bax	Manager, Care Navigation

## **Recognizing Staff Milestones**

Penny Earle, Personal Support Worker (5 Years)

Michelle Weir, Community Development Coordinator – Chemung (5 Years)

## 2024-2025 Board of Directors

Dr. Janet Kelly	President
Beth Malcolm	Vice-President
Dave Stevenson	Treasurer
Beth Steinmiller	Past President
Debbie Anderson	Director
Gerry Bleau	Director
Richard Boire	Director
Andrew Graham	Director
Ramesh Makhija	Director
Anda Rungis	Director
Pete Wood	Director

# We would like to extend a special thank you to retiring board member Martin Partridge.



# **Strategic Directions** 2021 - 2026:

## **Progress Toward Building Abundance**

As we reflect on the past year, we are proud to share the continued progress we've made toward achieving the goals outlined in our 2021-2026 Strategic Plan. In this year's report, we spotlight one standout accomplishment in each of our four strategic areas, showcasing how our efforts are making a meaningful difference for those we serve and ensuring the sustainability of our organization for years to come.

# Be recognized as a service leader in our community

Celebrated the 60th anniversary of Meals on Wheels, showcasing our vital role in the community through public engagement and storytelling.





# Strengthen infrastructure to support excellence in client services

Invested in new technology to enhance client and donor communications, increase service awareness, and boost staff efficiency.





## Invest in human capital

Completed the Transformational Review with the recruitment of a Director for Donor and Public Relations to strengthen the Senior Management Team.





# Diversify funding to sustain and grow the organization

Our New To You Thrift Stores achieved a record-breaking **\$100,000** in revenue, marking the highest total in our history.



# **Community Care Services**

Community Care Peterborough is very well established throughout the City and County of Peterborough. We deliver a basket of services that supports the health and well-being of individuals, caregivers and communities.

### **Healthy Eating**

Hot Meals on Wheels Frozen Meals on Wheels Grocery Shopping/Delivery

### **Transportation**

Volunteer Drivers Specialized Transportation Caremobile Shopping Buddy or Attendant Access to Primary Care

### **Health & Wellness**

Exercise, Falls Prevention, and Wellness Classes Blood Pressure Clinics Foot Care Clinics

### Help & Support at Home

Brokered Home Help & Home Maintenance Friendly Visiting – In-home or Telephone Medical Equipment

### Safety at Home

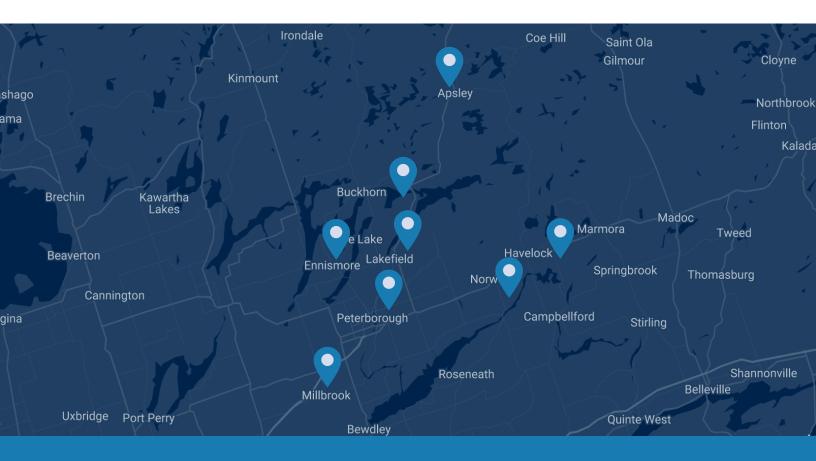
Telephone Reassurance Calls Lifeline Emergency Response

### **Hospital to Home**

Home at Last (HAL) Home First

### **Dining & Recreation Events**

Diners' Clubs Coffee, crafts, and various groups



### For more information about our supports, contact your local service office:

Apsley:705-656-4589Buckhorn:705-657-2171Chemung:705-292-8708

-4589 H -2171 La -8708 M

Havelock:705-778-7831Lakefield:705-652-8655Millbrook:705-932-2011

Norwood: 705-639-5631 Peterborough: 705-742-7067

# **Financial Highlights**

Source of Revenue for Agency Activities

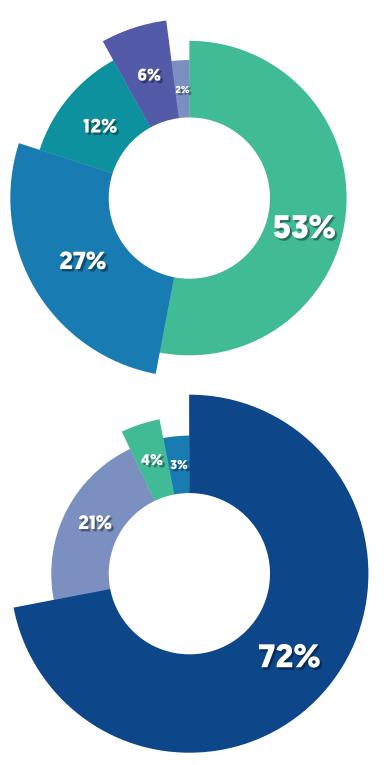
# \$3,763,747

Ontario Health East	53%
Donations & Fundraising	27%
Service Revenues	12%
City & County/Grants	6%
United Way	2%



# \$3,794,715

Direct Client Services	72%
Indirect Client Services	21%
Other: (Volunteers)	4%
Fundraising	3%



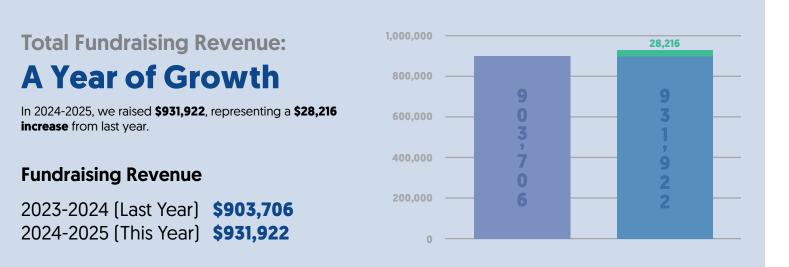
Audited Financial Statements available on request

## **Client Subsidy Support: Empowering Independence**

In 2024-2025, **94 unique clients** accessed our services through direct subsidies, totalling **\$76,603**. These subsidies ensure that clients, particularly those with limited financial resources, can access essential services. Transportation, Meals on Wheels, and Brokered Helpers were the most utilized services by subsidy recipients. By providing these subsidies, we ensure that no one is excluded from the support they need to maintain their independence and quality of life.

# **Fundraising Success**

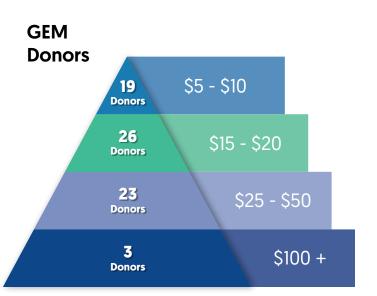
This year, we saw strong growth in fundraising revenue, driven by the best response ever to our annual direct mail campaign despite a postal strike, a growing base of monthly donors, and the unwavering commitment of our most loyal supporters. We are grateful for the continued generosity that allows us to strengthen our services and reach more people in need.



### Monthly Donor Update:

## Building a Steady Base of Support

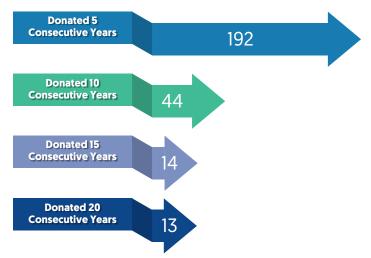
Our GEM (Give Every Month) program continues to grow, with 68 monthly donors contributing a total of \$19,527 this year. These donors are the backbone of our ongoing efforts, with monthly support spread across various giving levels.



## Loyal Donor Spotlight: Long-Term Commitment to Community Care

We are deeply grateful to the **263 loyal donors** who have contributed for **at least five consecutive years**, demonstrating their unwavering belief in our mission and the impact of our work. Their continued support is crucial in sustaining the services that our community relies on.

### Loyal Donors





# Years of Meals on Wheels

## Elizabeth Janusz, Founder

Moved by a local tragedy, Elizabeth rallied the Peterborough community to set an example of caring for our neighbours.

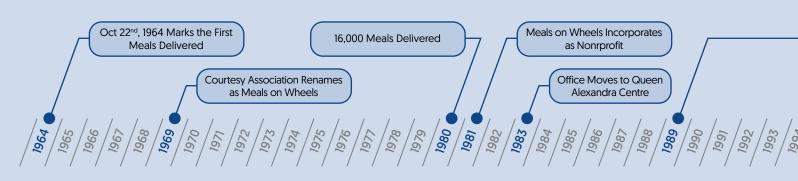
## **Bernice Clark, Coordinator**

Known for her big personality and even bigger heart, Bernice oversaw the growth of Meals on Wheels from a grassroots campaign to a respected service organization delivering tens of thousands of meals per year.

#### **Client Testimonial:**

<sup>ββ</sup> Having meals delivered three times a week is so helpful to me. I have so many appointments and I get so tired, so I appreciate having meals delivered very much. <sup>99</sup> - D.A.

### **Meals on Wheels Timeline**



# Campaign Raises 600 Donated Meals

In December 2024, the annual Meals to Go fundraiser set an ambitious goal to raise 600 donated meals in celebration of the 60<sup>th</sup> anniversary of Meals on Wheels. The campaign invited local businesses to purchase lunches, which were prepared by our Meals on Wheels hot meal provider and delivered by our dedicated team of volunteers. Through a combination of meal sales and generous donations, we surpassed our goal, ultimately **donating 634 meals** to our clients. This success not only helped meet the immediate needs of our community but also reaffirmed the vital role Meals on Wheels continues to play in Peterborough.

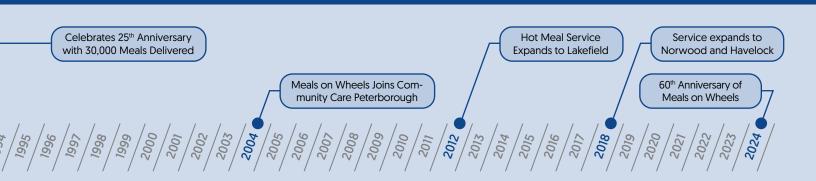
### FACT:

Demand for Meals on Wheels has increased

## Series Aims to Keep History Alive



The **60 Stories for 60 Years** series launched on the 60<sup>th</sup> anniversary of Meals on Wheels to celebrate the contributions of the countless people who have stepped up and made a difference in our community. These weekly stories preserve the memories of Meals on Wheels in Peterborough and inspire our work today by connecting us to our past. The series is available on our website: **www.commcareptbo.org** 



# **Volunteer Spotlight**

At Community Care Peterborough, it's not just our services that create community—it's the dedication of our volunteers. Their presence and commitment build human connections, bringing people together and fostering a sense of belonging. Whether it's through a friendly phone call, a delivered meal, or a shared moment, our volunteers are the heartbeat of the organization, turning our services into meaningful experiences that truly make a difference in the lives of those we serve.

## Carol Payne: 30 Years of Dedication & Connection

Carol Payne has been volunteering with Community Care Peterborough for over 30 years, providing telephone reassurance calls to clients who often face isolation. What started as a desire to help seniors in her community has turned into a rewarding, long-term commitment. Carol speaks with the same clients regularly, offering a friendly check-in and a listening ear. For Carol, these clients have become like family, and the role continues to bring her joy. "I just love doing this job," she says. Carol's dedication and care represent the heart of Community Care Peterborough, providing essential emotional support to clients and making them feel valued. Even though her work isn't always seen, Carol's impact is deeply felt by those she serves. "There's a lot of people where you're the first voice they hear that day," she explains. Carol's continued commitment to Community Care Peterborough is a testament to the enduring power of volunteerism and the lasting impact of those who dedicate their time to others.





# Lynne Faught: Thirty-Five Years of Showing Up

When Lynne Faught first agreed to deliver Meals on Wheels, she never imagined it would lead to 35 years of service. Encouraged by her friend Maxine, Lynne found that the work wasn't just about delivering meals—it was about building connections. "The people were so happy to have someone to speak to," she recalls. Over the years, volunteering became personal for Lynne, especially as she saw the need for support when her own mother aged. Lynne's commitment to helping others was strengthened by the bonds she formed with fellow volunteers. "It's a great way to build friendships," she says. Lynne's service has had a profound impact on the community, and she encourages others to get involved, emphasizing how volunteering connects you to the community and provides a meaningful way to give back. After decades of service, Lynne's legacy is a reminder of how even the smallest acts of kindness, repeated over time, can make a lasting difference.

### **Volunteer Satisfaction: A Strong Commitment to Excellence**

In our recent volunteer survey, **100% of respondents** reported their volunteer experience as **Excellent** or **Very Good**. Specifically, **63%** rated their experience as **Excellent**, while **37%** rated it as **Very Good**. This feedback reflects the strong commitment and satisfaction of our volunteers, who are the backbone of our organization. Their dedication to Community Care Peterborough and the impact they make in the lives of our clients is truly invaluable.

## A Sweet Success for the Third Year in a Row

Community Care Peterborough is thrilled to share that, for the third consecutive year, we were selected as the recipient of the Tim Hortons Smile Cookie Campaign! This generous partnership is a testament to the belief in our mission and the trust placed in our organization by local Tim Hortons owners.

The official Smile Cookie reveal took place on May 30, 2024, when local Tim Hortons owners gathered with our team to announce the incredible total of **\$136,877.45** raised to support Community Care's programs and services for seniors and adults with physical challenges in our community.

Throughout the week of April 29 to May 5, 2024, dedicated volunteers, staff, and Board members came together at Tim Hortons locations across Peterborough, Lakefield, Bridgenorth, Curve Lake, and Havelock to help decorate Smile Cookies. "We are incredibly grateful to the Tim Hortons owners for selecting us once again as the recipient of the Smile Cookie campaign," said Danielle Belair, CEO of Community Care Peterborough. "These funds will help us continue our mission to empower individuals to remain healthy and independent in their own homes. It's heartwarming to see the community's commitment to our services grow year after year."

With **100% of the proceeds** from each Smile Cookie sold going directly to support our services, this campaign continues to demonstrate the power of community support in making a lasting impact. Cheque presentation with local Tim Hortons owners from left to right: Jasmine Lacoste, Stephane Lacoste, Danielle Belair – CEO of Community Care Peterborough, Greg Blair, Mary Blair, Ryan Graham, and Jen McCall.



# smile cokie

April 29<sup>th</sup> May 5<sup>th</sup>, 2024

### **Participating Locations**

#### In Peterborough

721 Ashburnham Drive 1527 Water Street 1200 Lansdowne Street West 336 Lansdowne Street East 871 - 875 Chemong Road 157 George Street North 645 Lansdowne Street West 55 Park Street North 81 Hunter Street East 898 Monaghan Road 1781 Lansdowne Street 1420 Crawford Drive 1901 Lansdowne Street West 949 Highway 7 East 110 Chandler Crescent In Lakefield 139 Queen Street

In Bridgenorth 758 Ward Street North

In Curve Lake 1420 Mississauga Street

In Havelock 50 Ottawa St W



Visit www.timhortons.com for an up-todate list of charities who participated in the Smile Cookie campaign.

# **2025 Volunteer Service Awards**

35 Years	John Allin	Maggie Allin	Kerry Taylor	Mildred Lunn
Lynne Faught	Albina (Binka) Chiasson	Diana Mitchell	Timmi Brady	5 Years
30 Years	15 Years	Peter Morden	Robert Misener	30 Recipients
Carol Payne	Doreen Allen-Bell	Nancy Whitmore	Theresa Lux	2 Years
25 Years	Jutta Molnar	Arthur Hiltz	Jocelyn Aubrey	61 Recipients
Margaret (Marg) Dawson	Lynda Allair	10 Years	Frank Williams	
20 Years	Ron Horton	Wayner Archer	George Corfe	Thank
John Bennett	Marney Horton	Colin Taylor	Steve llott	You!



821 Volunteers providing 86,893 hours of service, equivalent to 47.75 full-time employee positions. 141 new volunteers joined Community Care Peterborough this year.

# **Volunteer Quotes**

88 We feel strongly that it is important to give back to our community. 99 - Anne & Dave

- <sup>66</sup> At Community Care volunteering gives me purpose and connects me to the community. <sup>99</sup> Ellen
- $^{\mathcal{B}\mathcal{B}}$  Giving back while I can matters. I may need help one day too.  $^{\mathcal{D}\mathcal{D}}$  Volunteer
- <sup>ββ</sup> Community Care is a caring, welcoming, and essential part of our community. I'm proud to be involved. <sup>99</sup> Volunteer
- <sup>88</sup> Retirement can feel isolating, but Community Care gives me purpose and a sense of belonging. <sup>99</sup> - Volunteer

# **Our Thanks To...**

Community Care Peterborough is grateful for the generous financial support provided by **Ontario Health East**. Their contribution plays a crucial role in helping us deliver essential services to our community.

We also extend our heartfelt thanks to the **United Way** for its continued partnership and funding, which supports our efforts to make a meaningful impact.

Our sincere appreciation goes to the **City of Peterborough**, the **County of Peterborough**, local **Township offices**, and the many individuals, media outlets, service clubs, churches, and businesses whose financial contributions, encouragement, and in-kind donations help sustain our programs and services.

Finally, we would like to acknowledge our business partners, whose generosity in supplying goods or collaborating with us on service delivery ensures that we can meet the growing needs of our community.

# **Enhanced Funding**

Community Care would like to acknowledge the following organizations who provided us with additional funding and grants during this past year:

4th Line Theatre Align Home Health Care Asphodel Norwood Friendship Club Bailieboro-Springville United Church Beta Sigma Phi - Delta Master Chapter **Buckhorn District Lions Club** Buckhorn Heights Cottagers Association Canadian Mental Health Association Cavan Monaghan Library Board Chandos Lake Property Owners Association Chemung Lake District Lions Club Congregation of The Sisters of St. Joseph Economic Development Cooperative of North Kawartha **Ennismore Senior Club** Fellowship Baptist Church Greater Peterborough Health Services Foundation I.O.O.F. #179 Madoc Lodge K-40 Club of Bancroft-Cardiff Kawartha Centre - Redefining Healthy Aging - Memory Clinic

**Kyle Family Foundation** Ladies Auxiliary, Royal Canadian Legion # 402 (Millbrook Branch) Lakefield and District Lions Club Lakefield Baptist Church Women's Ministries Lakefield United Church A.O.T.S. Men's Club Lakefield Village Lions Club Mark Street United Church Women Millbrook & District Food Share Millbrook And Cavan Historical Society Millbrook BIA Millbrook Farm and Pet Supply Millbrook Manor Seniors Association Millbrook Non-Profit Housing Corporation Municipality of Trent Lakes Northminster United Church Stewardship Norwood Agricultural Society Parish of Belmont PARN (Peterborough AIDS Resource Network) Peterborough and Kawarthas Chamber of Commerce

Peterborough Appliances Peterborough Minor Hockey Council Phyllis MacMartin Charitable Fund Rotary Club of Bridgenorth Ennismore Lakefield (BEL) Royal Canadian Legion Branch #300 [Norwood] Royal Canadian Legion Branch #389 (Havelock) Royal Canadian Legion Branch #402 (Millbrook) Royal Canadian Legion Branch #577 (Bewdley) St. George the Martyr Anglican Church St. Thomas More Catholic Women's and Men's Council The Gainey Foundation The Gardens of Peterborough Township of Cavan Monaghan Township of North Kawartha Township of Selwyn **Trent Athletics** 

### **Please Donate**

As a non-government funded organization, Community Care relies on the generous support of our community to provide vital services to seniors and adults living with physical disabilities in the City and County of Peterborough. Your donation helps ensure that our clients can remain independent and live in the comfort of their own homes.

To support our mission, please contact **Pamela Beauchamp**, Marketing & Fund Development Coordinator, at **705-742-7067 ext. 221**, or visit our website at <u>www.commcareptbo.org</u> to donate today.

# 2024-2025 Highlights



## FOCUS Accreditation Re-Achieved with 100% Rating

Community Care Peterborough has been awarded re-accreditation status for the period from June 2024 to June 2028 with an exceptional 100% rating by FOCUS Accreditation. This achievement recognizes our ongoing commitment to excellence in delivering services to the community and upholding the highest standards of care and operations.

# 2

### Launch of the Senior Connectors Project

In collaboration with Age Friendly Peterborough, we proudly launched the Senior Connectors Project in 2024. Led by Kate Killoran, the Senior Connector Lead, this initiative trained volunteers to provide resources and information to individuals aged 50 and older. Senior Connectors have since staffed public kiosks across Peterborough, helping community members access important services and support.





## Partnership with Peterborough Ontario Health Team Makes Accessing Services Easier

Community Care Peterborough has partnered with the Peterborough Ontario Health Team to expand our use of Caredove referral management software. This allows individuals, family members, caregivers, and healthcare providers to easily request services. In 2024, we extended Caredove's functionality to the Home at Last program, supporting smoother transitions for clients leaving Peterborough Regional Health Centre (PRHC).

# (4)

## "Life Changes, Community Doesn't" Awareness Campaign

In 2024, we partnered with Unmanned AV to produce the "Life Changes, Community Doesn't" commercial. This campaign aimed to increase awareness of our services and highlight how Community Care Peterborough is there for the community, especially for seniors and adults living with physical disabilities. The commercial has played a key role in raising visibility and understanding of the vital services we offer.



# **Client Testimonials**

<sup> $\mathcal{B}\mathcal{B}$ </sup> I am in total awe that these people are so busy and still take the time to help. <sup> $\mathcal{D}\mathcal{D}$ </sup> - J.S.

<sup>33</sup> Thank you so much for facilitating our trip. It was great. No stress for me and our driver Jim, was wonderful. I have only good things to say about Community Care. <sup>39</sup> - C.E.



- <sup>33</sup> Having meals delivered three times a week is so helpful to me. I have so many appointments and I get so tired, so I appreciate having meals delivered very much. <sup>99</sup> - D.A.
- <sup>33</sup> The exercise classes have helped improve the strength and stability of everyone. We're doing things we didn't think possible a few months ago. <sup>99</sup> - P.C.

## A Year at a Glance at Community Care Fiscal year April 1, 2024 to March 31, 2025









20,853 Reassurance calls/Friendly visits provided



4,824 Grocery deliveries



9,333 Home Help & Maintenance visits



31,312 Drives provided



48,806 Exercise & Falls Prevention Classes



405 Home At Last settlements



875 Access to Primary Care appointments



Empowering you to live at home in the City and County of Peterborough

### 185 Hunter Street East, Peterborough, ON K9H 0H1 www.commcareptbo.org tel: 705-742-7067









Community Care is a registered charity with the Canada Revenue Agency. Charitable Registration No. 1366 80865 RR0001