

Special Diet Meals on Wheels Order

Pick-up

☐

Delivery

☐

Route:

Delivery/Pick-Up Date:

Order Taken By:

Client:

Phone:

Address:

AlayaCare: MOW on File

☐

Non-Client

☐

Comments:

Please refer to apetito brochure or <https://my.apetito.ca/nutridata> for additional dietary information

**** To ensure meals meet your dietary needs, please speak to your dietician ****

SPECIAL DIET ENTRÉES

Options for Lactose Free, Gluten Free, Controlled Potassium, Controlled Phosphorus & More

☐ Apple Braised Pork
☐ Beef & Vegetable Casserole

☐ Chicken with Gravy
☐ Hawaiian Chicken

☐ Herbed Fish
☐ Turkey in Gravy

☐ Beef Curry
☐ Butter Chicken
☐ Chana Masala

HALAL
☐ Chicken Biryani
☐ Lemon & Herb Chicken Souvlaki
☐ Spicy Beef Stew

☐ Sweet Curry Chicken
☐ Vegetarian Dhal

☐ Chana Masala
☐ Cheese Omelet
☐ Macaroni & Cheese
☐ Mexican Rice & Bean Casserole

VEGETARIAN ENTRÉES
☐ Pasta Primavera
☐ Scrambled Eggs w/ Home Fries
☐ Spaghetti & Tomato Sauce
☐ Vegetable Chili

☐ Vegetable Curry
☐ Vegetable Dhal
☐ Vegetable Lasagna

MINCED ENTRÉES

☐ Apple Braised Pork
☐ Beef Dinner
☐ Beef Stew
☐ Chicken a la King
☐ Ham
☐ Honey Dijon Pork
☐ Pasta Primavera
☐ Turkey Dinner
☐ Vegetarian Stew

PUREED ENTRÉES

☐ Apple Braised Pork
☐ Beef & Vegetable Casserole
☐ Chicken a la King
☐ Creamed Salmon
☐ Lemon Herb Fish
☐ Meatloaf
☐ Pot Roast Beef
☐ Shepherd's Pie
☐ Spaghetti Bolognese
☐ Sweet & Sour Chicken
☐ Turkey Casserole
☐ Turkey Dinner
☐ Vegetarian Lasagna

GLUTEN-FREE ENTRÉES

☐ Beef Pot Roast
☐ Vegetarian Dhal
☐ Traditional Pot Roast
☐ Lemon Herb Fish
☐ Chicken Breast with
Cheddar Bacon Sauce

THICKENED PURÉED SOUPS

☐ Broccoli Soup
☐ Carrot Soup
☐ Cauliflower Soup
☐ Chicken Noodle Soup
☐ Mushroom Soup
☐ Tomato Beef Soup

Entrées ☐ x \$6.25 = ☐

Soups ☐ x \$3.00 = ☐

TOTAL☐**Order Filled By:**☐**Payment Received By:**☐Cash ☐ Cheque ☐ Credit Card ☐Debit ☐ Invoice ☐ HAL ☐ HF ☐

AlayaCare Entry:

Client ☐Non-Client ☐Visit added to Schedule ☐Payment Added ☐

2025-Aug-06