

Annual Report 2020 – 2021









A Message from Susan Wood-Bohm, Board President and Danielle Belair, Executive Director

As the pressures and stresses of COVID-19 linger throughout Peterborough City and County, Community Care Peterborough has continued to provide essential services and many forms of support to our client community. This work has been made possible by the dedicated efforts of our staff, led by Executive Director Danielle Belair and our faithful cadre of volunteers. In addition to their regular work, this team has assisted in ensuring that our clients have been able to take advantage of vaccination programs, by helping with booking appointments and transportation. Community Care Peterborough has received many accolades from community leaders, clients and their families and on behalf of the Board of Directors, I wish to acknowledge another year of empowering residents to live at home, wherever that may be in Peterborough City and County.



Susan Wood-Bohm Board President



Danielle Belair, Executive Director

Against this backdrop there have been some very exciting milestones in 2020-2021. Here are a few of these highlights:

- The Havelock Health and Community Services Hub in Havelock has opened, improving access to services that support the health and well-being of residents in the Havelock-Belmont-Methuen area;
- A total of 6,707 clients were served by 45 employees and 631 volunteers, who contributed 71,405 hours of effort to support our programs;
- 815 vaccine appointments booked in a matter of days for our clients 80 plus.

From a Board perspective, one of the most exciting accomplishments of the year has been the development of a new strategic plan, which will guide the activities of Community Care Peterborough into the future. Building on our existing mission, vision and value statements, the new strategic plan identifies four pillars:

- Be recognized as a service leader in our community
- Strengthen infrastructure to support excellence in client services
- · Invest in human capital, and
- Diversify funding to sustain and grow the organization.

I am certain that these new strategic directions will offer the organization the flexibility and resilience needed to address future challenges in these uncertain times. Already a strong and effective organization, Community Care Peterborough will continue to serve the community in an integrated way with its partners.

"We are very proud of what Community Care has accomplished this past year throughout this pandemic. We did not miss a day of service to our clients. We were resilient and never stopped.

We want to congratulate and extend sincere appreciation and thanks to all of our caring staff who have worked tirelessly this past year. Your dedication and commitment to our clients goes without notice. The services that continue to be delivered throughout this pandemic are provided by individuals for whom 100% effort is the minimum standard of performance. Every day, we witness staff willing to go the extra mile.

Special thanks to the Management Team for your support and guidance throughout these changing times. We made significant accomplishments and we couldn't have done it without your leadership.

Community Care is not moving forward but we can proudly say we are Leading Forward! Our mission remains stronger than ever.

Thank you for supporting Community Care Peterborough," said Danielle Belair, Executive Director.







VISION

Communities where every person's health, wellness and independence is deeply valued and fully supported.

MISSION

Powered by volunteers and staff, Community Care Peterborough supports the health and well-being of individuals, caregivers and communities. As a trusted health care partner, our high-quality programs allow people across our rural and urban region to maintain their independence and dignity.

VALUES

Respect, Collaboration, Accessibility and Leadership.

Community Care's Management Team

Danielle Belair Executive Director Nancy Frankish Director, Finance

& Administration

Catherine Pink Director, Support Services

Aja Bax Manager, Collaborative Care

Alicia Vandine Donor Relations and

Communications Lead

Darci Maude Volunteer Development

Coordinator



Empowering you to live at home in the City and County of Peterborough

2020/2021 Board of Directors

Officers

Susan Wood-Bohm – President Beth Steinmiller – Vice-President Dave Stevenson – Treasurer Joanne Watson – Past President

Directors

Louise Campbell
Alan Cavell
Karen Hicks
Dr. Janet Kelly
Ramesh Makhija
Doug Downer
Michael VanderHerberg

We would like to extend a special thank you to retiring board members Joanne Watson and Alan Cavell.

Strategic Directions 2021–2026 Fostering Abundance

Community Care Peterborough identified the need to develop a new strategic plan that would be based on its existing vision, mission and values and foster a resilient and flexible organization.



The Stakeholder Survey was a critical step in gathering input on awareness, perceived performance of Community Care's programs and services, and suggestions for future directions.

"You are providing a lot of things to help us to survive and enjoy our golden years in our homes, please continue." - Survey Respondent

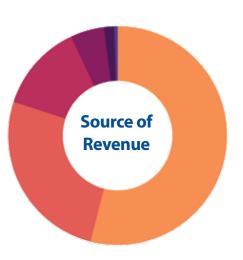
"They relieve the stress people experience in times of being unwell or not having the mobility to go out and seek care. Can't stress enough how this program is very much a necessity in this community and the information and care that is offered is so greatly appreciated." - Survey Respondent

"Volunteers are good at promoting Community Care because they believe in the services and see first hand how it impacts." - Survey Respondent

2020/2021 Community Care Financial Highlights

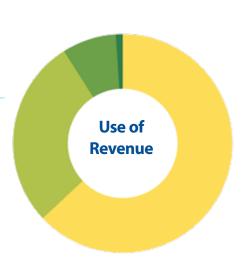
Source of Revenue for Agency Activities \$3,022,440

| Central East LHIN | 54% |
|-------------------------|------|
| Donations & Fundraising | 26% |
| Service Revenues | 13% |
| City & County/Grants | 5% |
| United Way | 1.5% |
| Other Revenue | 0.5% |



Use of Revenue for Agency Activities \$2,908,131

| Direct Client Service | 63% |
|-------------------------|-----|
| Indirect Client Service | 28% |
| Other (Volunteer) | 8% |
| Fundraising | 1% |



Audited Financial Statements available on request





Impactful Stories and Testimonials at Community Care

"Thank you for all you do for physical and mental health during these dark times. I look forward to your vibrant, positive outlook and caring nature each week during Zoom exercise classes." ~ NB

To each and every one of you that work so hard in getting the meals to your clients. Thank you so very much. Keep up the amazing jobs that you do!

"Thank you so much. You have no idea how much we appreciate your support. It's so difficult for us to find this information on our own".

"I don't know what I would do without Community Care. I would have no way to get to Bancroft for groceries, and there's no way I could afford to pay for the trip every other week".

A local couple got their first COVID vaccine on their 70th anniversary! They were pretty excited about both events. They were part of the clinics scheduled by Community Care. The Buckhorn office supported over 500 individuals to schedule vaccine appointments. Each person was amazed and so incredibly grateful!

A client had a car accident last fall and was not able to drive for a while due to injuries and no car. His response: "Your drivers are wonderful, always on time, they know exactly where they are going and they are so polite. Just great people and I appreciate all the help they provided me!"

A client shared that the pandemic has been causing him a lot of stress and he has not been sleeping well, worrying about the vaccine. Community Care went on line and signed him up for his first and second appointment and he was beyond grateful.

Norma is retired, has health problems of her own and is grateful for all our services available to help her and her husband Fred. Norma tells us that, "She doesn't know what she would do without us. She and Fred couldn't stay in their home if it wasn't for Community Care."



The Lakefield team has booked 250 vaccine appointments, and fielded over 1000 related calls. Volunteers have received gift cards, flowers, calls, and heartfelt notes such as this: "Thank you so much for getting us a COVID appointment. Josh did try yesterday only to be one of those who got ERROR on his computer. Your phone call provided me with a feeling of pure joy and hope." ~ Leslie

"I wanted to thank you for the coffee club at the Masonic Temple. My mother is going and really enjoying it. Cheryl has been a saint and picks her up and drops her back home. This is the first independent activity my mother has done in 25 years. This is a perfect example of how Community Care programs make a real difference to peoples' lives."

Myrtle receives calls every morning from our rotating volunteers. Lovely cheerful woman but who rarely leaves her home due to severe anxiety issues and some recurring depression. We have become a constant for her – a voice to depend on when everything else is changing so quickly.

"Good morning, just a short email to say another THANK YOU for your concern and help. I cannot put into words how grateful I am to you and Community Care. My groceries have been delivered, I am feeling better than a few days ago. Have a wonderful week."

*Clients' and caregivers' names have been changed to protect their privacy.



2021 Volunteer Service Awards

35 Years:

Barb Diceman

30 Years:

Carole Shulver

25 Years:

Jack Adams
Ila Crichton

20 Years:

Ruth Deyell
Marion Guthrie
Tina Herder
Holly Hilker
Sondra Hoard
Beverley Ralston
Ian Ralston
Grace Reid
Sharon Simpkins

Peter Tiesma

Cathy Turner

15 Years:

Bev Adams Patricia Barker John Bennett **Cindy Blodgett Margaret Burwell Margaret Delorey Bill Douglas** M. Bud Dunlop **Gordon Elliott Nancy Graham** Wendy Larche Lyn Lepper Liz Madill **Gordon Rigby Eric Sloan** Janice Sloan **Dorothy Temush**

Edna Whitehouse

Judi Wilson

10 Years:

Nick Ahern Dan Brown Marilyn Brown Janet Buchanan Pamela Charman Joan Crawford Vicky Dellerba Suzanne Fulton **Ron Gibbons** Joan Guyatt **Betty Hevenor David Hevenor Gail Hicks Barbara Hogg** John Howe Susan Jones **Carol Meadus Annalene Miles Bob Morrison** Jim Patterson

Joanne Ritchie
Gina Rothwell
Joan Shultis
Al Smith
Beverley Thompson
George Watson
Marilyn Weymouth
Carol Wilks

5 Years:45 Volunteers2 years:90 Volunteers

Staff Years of Service Awards

In recognition of dedication and outstanding service given to Community Care Peterborough.

20 Years: Iris Crowder

10 Years: Wendy Fulton

Darci Maude Karen Morton



Our Thanks to...

Community Care receives a significant financial contribution from the Central East Local Health Integration Network. We would like to acknowledge and thank them for their financial support to our services. Community Care a funded partner agency gratefully acknowledges the partnership with the United Way and the financial support received.

Community Care would also like to thank the City of Peterborough, the County of Peterborough, all Township offices, individuals, the media, service clubs, churches and businesses who have provided financial contributions, encouragement and gifts in kind which assist Community Care with the many programs and services.

Sincere thanks to our many business partners who donate supply, or work with us to provide services.

COVID Relief Funding

Community Care would like to acknowledge the following organizations who provided us with enhancement funding and grants during this past year:

- · City of Peterborough
- · Community Foundation of Greater Peterborough
- County of Peterborough
- Greater Peterborough Health Services Foundation
- Enbridge
- Ontario Community Support Association Ontario Community Support Program
- Ontario Trillium Foundation Resilient Communities Fund
- United Way New Horizons and Emergency Community Support Fund



Please Donate

As we are not a fully-funded government agency we rely heavily on community support in the form of donations, service fees, partnerships and grants to balance our funding model so that we can continue to service our clients in the City and County of Peterborough.

By supporting Community Care, you're making it possible for our clients to stay independent and in their own homes and communities – where they want to be!

If you would like to help support the vital services provided by Community Care, please contact Alicia Vandine, Donor Relations & Communications Lead at 705-742-7067 ext. 224 or visit www.commcareptbo.org









Community Care Peterborough is very well established throughout the City and County of Peterborough. We deliver a basket of services that supports the health and well-being of individuals, caregivers and communities.



Healthy Eating

Hot Meals on Wheels Frozen Meals on Wheels Grocery Shopping/Delivery

Transportation

Volunteer Drivers
Specialized Transportation
Caremobile
Shopping Buddy or Attendant
Access to Primary Care

Health and Wellness

Exercise, Falls Prevention, and Wellness Classes Blood Pressure Clinics Foot Care Clinics

Help and Support at Home

Brokered Home Help & Home Maintenance Friendly Visiting – In-home or Telephone Medical Equipment

Safety at Home

Telephone Reassurance Calls Personal Distress Alarms

Hospital to Home

Home at Last (HAL)
Home First

Social and Diner Events

Diners' Clubs

For information about services in your area, contact the office nearest you:

Apsley:705-656-4589Lakefield:705-652-8655Buckhorn:705-657-2171Millbrook:705-932-2011Chemung:705-292-8708Norwood:705-639-5631Havelock:705-778-7831Peterborough:705-742-7067

peterborough@commcareptbo.org www.commcareptbo.org

Our Caring Community

Community Care service offices express their thanks to our generous sponsors and community partners!

Apsley Office

ABC and Glen Alda Seniors

Anstruther Lake Cottagers Association

Apsley and District Lions Club Apsley Central Public School Apsley Community Chapel

Ball Real Estate Be a Lifeline Donors Boyer's Auto Group

Burleigh Road Historical Society

Chandos Lake Property Owners Association Compass Early Learning and Care Apsley

Economic Development Cooperative of North Kawartha

Eels Lake Association Jacks Lake Association Lakeview Marina

Loon Call Lake Property Owners Association

North Kawartha Community Centre

North Kawartha Foodbank North Kawartha Library North Kawartha Township Remax Real Estate

Royal Canadian Legion Branch 381 Sayers Independent Foodtown

Waddell Custom Homes

Buckhorn Office

Buckhorn Lions Club

Buckhorn Community Centre

Buckhorn & District Tourist Association

Buckhorn Police Association Buckhorn Ratepayers Association Chemung and Lakefield Lions Club Knox Presbyterian Church

Royal Canadian Legion & Ladies Auxiliary, Branch 77

Sherry Bourne Family Foundation St. Matthew - St. Aidan's Anglican Church Townships of Trent Lakes & Selwyn Wesley United Church

ChemungOffice(BridgenorthandEnnismore)

BEL Rotary

Bridgenorth Dental Clinic

Bridgenorth Home Hardware Buckhorn Area Quilters Guild Chemong Home Hardware Chemong Physiotherapy Chemung Lake District Lions Club

CIBC

Ennismore and District Horticultural Society

Ennismore Foodland Ennismore Pharmacy Ennismore Seniors Club Garden Style, Bridgenorth Guardian-Bridgenorth Pharmacy

Honky Tonk Restaurant Jesse's Tap and Grill

John's Valu Mart, Bridgenorth

Pet Valu

Pizza Villa and Pasta House, Bridgenorth Rallis Burger Family Restaurant, Bridgenorth RE/MAX-Eastern Realty Inc., Bridgenorth

Rick Vaughan Expert Mortgage

Selwyn Libraries — Ennismore and Bridgenorth

Selwyn Township Shaun Milne Signs

Sippin Dip Restaurant-Bakery, Ennismore St. Martin of Tours Knights of Columbus

Style Boutique

Tamarac Golf & Country Club
The Bridgenorth Deli
Village Pet Food and Supply
Weiss Massage Therapy, Bridgenorth

Havelock Office

Covia

Havelock Community Pharmacy Havelock Farmers Market Havelock Foodland Havelock Guardian Pharmacy Havelock Home Hardware Havelock Jamboree Havelock Lions Club

Havelock Lions Club
Havelock Seniors Club
Havelock Tim Hortons
Havelock United Church



JC's Smokin' BBQ & Catering Royal Canadian Legion, Branch 389 Township of Havelock-Belmont-Methuen VON — Peterborough-Victoria-Haliburton Wildflower Bakery

Lakefield Office

Applewood Retirement Residence

Bulletins Plus-Lakers Link Lakefield Foodland

Lakefield IDA Pharmacy

Lakefield Lions Club Motion Specialties

Peterborough Retirement Residence

Regency Retirement Lakefield Royal Canadian Legion, Branch 77

The Turner Catering Company

The Village Pharmacy

Township of Douro-Dummer

Township of Selwyn

Warsaw United Church Pastoral Charge

Millbrook Office

Advantage House Painters/Chris Schier Baxter Creek Golf Club (The Larmer Family)

Cavan Monaghan Libraries

Centennial Place

Girl Guides Canada - Millbrook

Millbrook B.I.A.

Millbrook & District Food Share Millbrook & District Lions Club

Millbrook Manor

Royal Canadian Legion, Branch 402

St. Thomas Anglican Church

The Millbrook Needlers Quilt Guild The Township of Cavan Monaghan

The Township of Cavan Monaghan Fire Department



Our Caring Community

Kawartha Chrysler

Kawartha Sexual Assault Centre

Marycrest at Inglewood

Outpost Packaging Products Limited

Peterborough Appliances

Peterborough Chrysler Jeep Dodge Ram

Print Hub Signarama

St. John's Retirement Living

Sysco

Trent University
Universal Motion

Agency Wide

100 Women Who Care

Age Friendly Peterborough

Align Home Health Care

Apetito

Bell Canada Retirees Grant

Black's Distillery BMS Sanitation Brant Basics Canada Helps

Castle Voice & Data Communications Inc.

City of Peterborough

Community Foundation of Greater Peterborough
Community Training & Development Centre

Computer Concepts Peterborough

County of Peterborough

Disaster Mitigation Services - DMS

Fleming College

GAIN Clinic - Geriatric Assessment Intervention Network Greater Peterborough Health Services Foundation

Home and Community Care Support Services Central

East, Peterborough Branch Jacobs & Thompson

Nexicom

Peterborough Family Health Team
Peterborough Housing Corporation

Peterborough Leadership Council

Peterborough Ontario Health Team

Peterborough Regional Health Centre

Peterborough Volkswagen

Ricart Promotions & Recognition

Rocky Ridge

Rotary Club of Peterborough Kawartha Royal Canadian Legion, Poppy Fund Rx BIO

Signed, Sealed and Delivered SKBailey Marketing & Design

TD Bank

The Creative Link

The Gardens of Peterborough Retirement Residences

The Mount Community Centre
Trent Centre for Aging & Society

Trent Security Systems Ltd.

Trent University

Vincent Press

Media

101.5 The Wolf 100.5 Fresh Radio

Apsley Backroads

Cogeco Connexion Inc., Your TV Peterborough/Lindsey

Corus Entertainment

Global Peterborough (Chex TV)

Kawartha 411

Kawartha Chamber of Commerce

Kawartha Now Keene Correspondent

OLDIES 96.7/FREQ 90.5/PTBOTODAY.ca

Peterborough Currents Peterborough Examiner Peterborough This Week

Peterborough Chamber of Commerce

PTBO Buzz

Pure Country 105/Move 99.7/Bounce Radio 91.9

Snapd Peterborough The Lakefield Herald The Millbrook Times

The Rail

The Trent Hills & Norwood Tribune

TV0

Community Care

Empowering you to live at home in the City and County of Peterborough

Norwood Office

Becky's Diner

Drain Bros.

Havelock Tim Hortons

Indian River Acres

J.J. Stewart Motors Ltd.

Lynn's Flowers and Gifts

Maple View Retirement Residence

Neilson's Lumber

Norwood Agricultural Society

Norwood Asphodel Fire Dept.

Norwood Centennial Pharmacy

Norwood Chiropractic

Norwood Country Jamboree

Norwood Foodland

Norwood Historical Society

Norwood Holistic Health

Norwood Home Hardware

Norwood IODE

Norwood Lions/Lioness

Norwood Public Library

Norwood United Church

Oakland Greens

Ralph's Butcher Shop

Royal Canadian Legion, Branch 300

Township of Asphodel Norwood

Westben

Wrap it Up and Go

Peterborough Office

4 Aces Auto Centre City of Peterborough

Dixons

Grady's Feet Essentials

Green Up

Hannamar's Bridal

Humberview Mobility

A Year at a Glance at Community Care





Hard work and dedication of 45 employees



Access to Primary Care Assignments



25,057 **Falls Prevention & Exercise Classes**



631 volunteers & brokered helpers contributed 71,405 hours of service - the equivalent of 40 full time employees



43,280 **Meals Delivered**



7,887 **Grocery Deliveries**



22,990 **Drives Provided**



44,375 Reassurance **Calls & Visits**



420 **Personal Distress Alarms Installed**



384 **Home at Last** Settlements



13,398 **Information & Referral Calls**

Community Care Peterborough



Empowering you to live at home in the City and County of Peterborough **Administration Office:**

185 Hunter Street East, Peterborough, ON K9H 0H1 705.742.7067 | peterborough@commcareptbo.org www.commcareptbo.org







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