

Supervisor, Wellness and Exercise (35 hours per week – Maternity Leave Contract)

Community Care Peterborough provides services that support independence and promote peace of mind for seniors, their families and for adults with physical challenges who live in the City and County of Peterborough.

Position Summary:

The Wellness and Exercise Program Supervisor plans, organizes, directs, schedules and evaluates the operation of all the Exercise, Falls Prevention and Wellness programs. These programs allow aging adults and adults with physical challenges to live at home as independently as possible. The Supervisor oversees and schedules programs to ensure high quality service and provides direct supervision of all instructors.

Provision of exercise and falls prevention instruction to groups of seniors with varying degrees of physical and cognitive ability. Classes also vary in degree of physical effort, endurance and difficulty. Classes will occur in several communities across the City and County of Peterborough based out of community centres and Retirement Homes.

Supervisor competencies include but not limited to: Program management, administration, and reporting; problem solving, supervision of others, scheduling, financial and budget administration.

Qualifications / Skills:

- Physio Therapist, Physio Therapist Assistant, Kinesiologist, Occupational Therapist , Fitness Instructor or related background or equivalent work experience
- Experience in fitness testing, exercise prescription, and group fitness program implementation
- Strong organizational skills, accuracy with attention to detail, ability to multi-task
- Good interpersonal skills and written communication
- Strong working knowledge and proficiency in: Excel, Dropbox and ZOOM
- Computer and email efficiency
- Valid driver's license and reliable transportation

Please submit a resume and cover letter by Sept 15th, 2020 to:

Community Care Peterborough

185 Hunter Street East

Peterborough, ON K9H 0H1

HR@commcareptbo.org or Fax 705-745-6011

Please indicate "Supervisor" in subject line of email



"We thank all applicants for their interest, however, only those selected for an interview will be contacted."