

Exercise and Falls Prevention Instructors (10-15 hours/week)

Community Care Peterborough provides services that support independence and promote peace of mind for seniors, their families and for adults with physical challenges who live in the City and County of Peterborough.

Position Summary:

Providing exercise and falls prevention instruction to groups of seniors with varying degrees of physical and cognitive ability. Classes also vary in degree of physical effort, endurance and difficulty. Classes will occur in several communities across the City and County of Peterborough based out of Community Centres and Retirement Homes.

Qualifications / Skills:

- Physio Therapist, Physio Therapist Assistant, Kinesiologist, Occupational Therapist, Personal Support Worker, Fitness Instructor or related background or equivalent work experience
- Strong organizational skills, accuracy with attention to detail, ability to multi-task
- Good interpersonal skills and written communication
- Strong working knowledge and proficiency in: Excel, Dropbox and ZOOM
- Computer and email efficiency
- Valid driver's license and reliable transportation

Please submit a resume and cover letter by Sept 15th, 2020 to:
Community Care Peterborough
185 Hunter Street East
Peterborough, ON K9H 0H1
HR@commcareptbo.org or Fax 705-745-6011

Please indicate "Exercise Instructor" in subject line of email.

"We thank all applicants for their interest, however, only those selected for an interview will be contacted."