

The Sting - A Paper on Frauds and Scams

Iain McEwan, Media Relations and Community Service Officer, Peterborough County OPP

The dictionary definition of a **Scam** is “a fraudulent or deceptive act”, and a **Fraud** “is the intentional perversion of truth in order to induce another to part with something of value or to surrender legal right”. Both are acts of deception or misrepresentation.

The movie “**The Sting**” starring Robert Redford and Paul Newman takes the scam to a grand scale for justifiable revenge against the villain Robert Shaw. For most of us, games of chance at fairs and casinos were the closest we came to giving away our money until door to door frauds, telemarketing phone frauds and computer frauds came along.

No matter whether it is by telephone, door to door or by computer, the elements of a **Fraud or Scam** are usually the same. **The Bait** appeals to weaknesses, primarily money whether getting it or saving it or fear. **The Hook** usually uses our emotions against our better judgement and common sense. And **the Sting** is the embarrassment or loss when we discover we’ve been taken.

The Bait: A knock on your door and you answer it. A man or woman tells you their company is working in your neighbourhood and due to an error at the store or plant they have too much asphalt/driveway sealer/shingles/etc and they will install the excess on your property for a price that is half of what you would normally pay because they don’t want to take it back to the shop.

The Hook: You must act now! Money talks – cash only.

The Bait: Your phone rings, you pick it up and an excited voice (usually male) asks “is this Mr/Mrs Gullible” you reply “Yes, I’m Gullible” and the response is “I’m Mr. M. T. Pockets from the Dewey, Rook’m and Howe Underhanded Lottery Corporation and you’ve won our monthly prize”.

The Hook: You have to pay to collect but you can use your credit card.

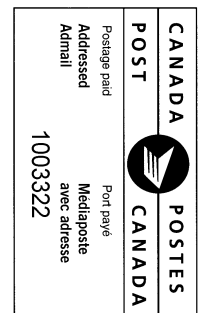
The Bait: You check your email and there is a priority message from your bank requesting immediate attention. You click on it and it notifies you that their files have been hacked, lost, or misplaced.

The Hook: The bank needs your account number and permission to help them rectify the problem.

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The Sting – In all cases you’ve been taken! You’ve paid to win a contest with either no prize or a useless prize, you’ve bought inferior quality work and/or product or you’ve had your account emptied of all cash.



Upcoming Events in our Offices

Apsley	Christmas Tea and Loonie Auction: Dec 13
Chemung	Just For Women: Every other Tuesday at 10:00 am; Just for Men: First and last Monday at 1:00 pm; Fitness Classes begin Sept 8 at 10:00 am; Drop-In begins Sept 9 at 1:00 pm
Harvey	Thanksgiving Weekend Craft Show & Bake Table: Oct 9-11; Canadian Hearing Society Screening Clinic: Oct 20 ~ Call to book; Flu Clinic: Oct 29; Harvey Holly Tea & Loonie Auction: Dec 2 from 11:30 am to 1:30 pm
Havelock	Wellness Program: starting last week of Sept; Card Party: moved to Sept; Twoonie Auction Adventure: Dec 7
Lakefield	Lakefield Health Fair: Sept 25 from 9:00 am to 1:00 pm at the Lakefield Legion. Admission \$2 or a donation to the Lakefield Food Bank.
Millbrook	Thanksgiving Lunch Diner's Club: Oct 14; Christmas in the Village and Volunteer Open House: Dec 2; Christmas Diner's Club: Dec 14 at 5:00 pm
Norwood	Super Silent Auction: Oct 1-12; Annual Christmas Silent Auction: Dec 6; Blood Pressure & Foot Care Clinics: Oct 18, Nov 15; Diner's Club: Oct 5, Nov 9, Dec 14
Peterborough	"Win Your Festive Fare" Raffle: Dec 1-16; Holiday Gathering: Dec 16, 180 Barnardo Ave, Room 1

<p>Community Care Services</p> <ul style="list-style-type: none"> Caremobile Diner's Club Home at Last Home Making Home Maintenance Income Tax Clinic Information & Referral In-Home and Telephone Visiting Intergenerational Programs Meals on Wheels Medical Equipment Loan Registry Personal Distress Alarm Telephone Reassurance Checks Transportation Wellness & Health Clinics Workshops & Seminars 	<p>Community Care Offices</p> <p>Apsley 705-656-4589 Mon. to Thurs. 10:00 - 1:00 Fri. 10:00 - 2:00</p> <p>Chemung 705-292-8708 Mon. to Fri. 9:00 - 1:00</p> <p>Harvey 705-657-2171 Mon. to Fri. 10:00 - 1:00</p> <p>Havelock 705-778-7831 Mon. to Thurs. 9:00 - 3:00 Fri. 9:00 - 12:00</p> <p>Lakefield 705-652-8655 Mon. to Thurs. 9:30 - 3:30 Fri. 9:30 to 12:30</p> <p>Millbrook 705-932-2011 Mon. to Fri. 9:00 - 3:00</p> <p>Norwood 705-639-5631 Mon. to Fri. 9:00 - 1:00</p> <p>Peterborough ... 705-742-7067 Mon. to Fri. 9:00 - 4:00</p> <p>Caremobile 705-749-0036 Mon. to Fri. 8:00 - 5:00</p>	<p>Go Green with Community Care</p> <p>Do you have an email address?</p> <p>Please let us know if you would like to receive our Seniority newsletter or upcoming information from Community Care via email instead of through Canada Post.</p> <p>Please email us at:</p> <p>centofc@commcareptbo.org</p> <p>and we will add you to our email directory.</p> 
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Please call your local office for more information about upcoming events or visit our website at www.commcareptbo.org

Seniority

is published by

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.....Iris Crowder
..... Sandy Malasky
.....Kathie Nelson
..... Stefanie Thom
.....Gail Wilson

Agency News

Home at Last (HAL) update: Since April 6, 2009, HAL has served as a bridge across which over 200 seniors and adults with special needs in Peterborough City and County have moved, to settle successfully in their homes after a hospital stay. The response from HAL clients has been overwhelmingly positive; as one client put it: "It was wonderful to leave the hospital with someone who cares." The HAL vision fits very well with that of Community Care Peterborough – *"Empowering you to live at home."*

We are pleased to be the HAL lead agency in Peterborough and participate in such a great community partnership with the Peterborough Regional Health Centre and the Central East Community Care Access Centre. The HAL program is available, at no cost to individuals, Monday through Friday. While most HAL referrals are from staff at PRHC, individuals and family members may also request the service or more information by calling 705-872-6850.

Community Care Tag Days were very successful! Special thanks to our staff and volunteers. We raised a total of \$14,585.59 throughout our eight offices. Since 2001, our Tag Days have raised a total of \$131,788.82. Community Care would like to acknowledge everyone who contributed to our Tag Days. Thank you for supporting our vision of *"Empowering you (our clients) to live at home."*

The ReMax Golf Tournament raised \$11,000.00 for Community Care! We would like to thank ReMax and all the businesses who generously donated to the golf tournament. Your support is sincerely appreciated! Thank you for supporting our vision of *"Empowering you (our clients) to live at home."*

Community Care would like to thank Stoneguide Realty Limited for selecting and featuring our agency under the Community Connection segment on CHEX television during the month of June. Community Care has a long and proud history of providing vital support services to seniors and adults with physical challenges living in the City or County of Peterborough. Thank you for considering Community Care!

Agency Day

You are invited to a special day! Join us for this fun-filled interactive day. All staff, board members and volunteers: we couldn't do it without you. Great information sharing, keynote speakers and time for discussions. Stay tuned for more information...

Date: Thursday November 4, 2010 from 9:00 a.m. to 3:00 p.m.

Place: Kawartha Shrine Club, 1757 Sherbrooke St. W, Peterborough

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TELEPHONE AND COMPUTER TIPS

- Always be careful about providing personal confidential information especially banking or credit card information unless you are certain the company is legitimate.
- Request a call back number and a contact
- Request time to think over the offer and request written information and references, then take the time to check it out.
- When on the phone and in doubt -
JUST HANG UP!
- When on the computer and in doubt
DELETE THE E-MAIL!

HOME REPAIR TIPS

- Be aware of contractors saying they are only in the area for one day so a special price is available just for the day.
- Always get estimates from three or more other companies/businesses.
- Be careful of contractors asking for cash and not providing an invoice or contract. A reputable contractor will inspect your home/driveway first.
- Always get an estimate from a contractor in writing.
- Do not be pressured into an agreement, do your homework first.
- **When in doubt, say NO!**

The contract must provide full details including name of business, telephone number, business card, address and the estimate should be signed and dated by the contractor. The contract must state there is a 10 day cooling off period in which to cancel a contract if the contract was signed at your home.

- Don't be afraid to negotiate or say no and be aware of a price that is much lower than other estimates.
- **Do not pay in full until the work has been completed.** Provide some money as a deposit.
- Once an agreement is made, the contractor cannot charge more than 10% of the estimate.

GET THE CONTRACT IN WRITING

For further information or complaints, contact:

The Ministry of Small Businesses and Consumer Services at 1-800-889-9768.

Celebrate National Philanthropy Day

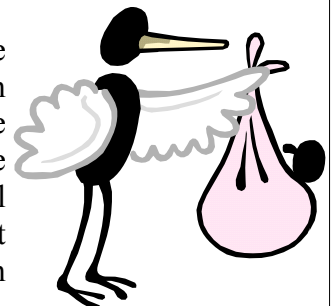
Please join in with Community Care Peterborough in celebrating National Philanthropy Day. November 15th is the special day set aside to recognize and pay tribute to the great contribution that philanthropy – and those people active in the philanthropy community – have made to our lives, our communities and our world. This year marks the 25th anniversary of this special day. Consider the impact of the charitable sector and the increasing role it plays in our societies and countries around the world. Billions of dollars given every year for millions of programs and services. Connecting individuals to causes, and to each other. Fostering civic participation. The quality of life for all people from education, healthcare, the environment and the arts, to name only a few, would be far less if not for these organizations.

Community Care would like to acknowledge and recognize all their volunteers and donors for their philanthropic work and involvement with the agency.

Baby Cards for Sale

The Peterborough office has a variety of beautifully handmade baby cards available for sale. These 5x6 cards are blank inside. The front of the card is a miniature hand knitted baby sweater and is available in a variety of colours.

Please visit the Peterborough office to purchase for the low price of \$4.00 each. All proceeds support the Peterborough Service Office.



Community Care Welcomes Mary Stuart as President of the Board



It is a pleasure to take a moment to say hello through the pages of "Seniority". The past 3 years of volunteering on the Board of Directors has proven to be quite enlightening to me. The most important notation I can make is how impressed I am with the length of service and dedication that I have observed of many of the volunteers and staff members. The impact of hearing the stories and watching the interaction is very humbling. This sincere and very heartfelt body of knowledge is what I consider to be my greatest asset as I assume the role of President on your behalf.

I am no stranger to those who benefit from the services provided by organizations such as ours. My professional background includes long term care where it was my role to assist seniors and their family members to decide when the "right" time was to admit to our facility. Frankly, it was never the "right" time or the decision they wanted to make. But it was sometimes past the necessary time as they were just not able to cope. This exposure to their difficult circumstances strengthens my desire to provide support to this organization. We assist people to cope longer and enjoy a better quality of life at home than they would without all the services Community Care provides.

In my personal life, my mother and I were able to benefit from receiving this type of service to help her stay in her home. As her power of attorney it was a great relief to access meals on wheels and the volunteer drivers. Both provided the dual benefit of independence for my mother and respite for me with the assurance of her continued well-being through this support network.

On August 25, 2010 the Board of Directors toured the offices to further familiarize ourselves with the local issues and flavour. I am looking forward to meeting as many volunteers and staff as possible during the upcoming months. My role as President will greatly benefit from the local knowledge you share. It is my habit just to walk up and say hello so that we can get to know each other. If you see me, I encourage you to do the same. I would love to meet you.

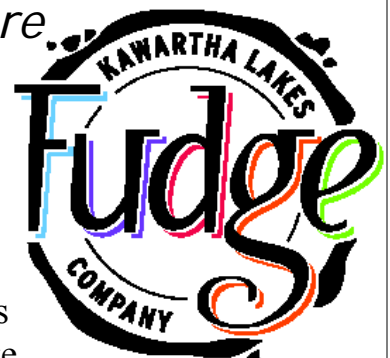
COMMUNITY CARE WIN-WIN-WINTER RAFFLE

The 3rd annual agency wide Win-Win-Winter Raffle is planned for March 2011. Tickets will be available at each of our offices as of January 3rd and are sure to sell quickly as all prizes this year will be cash. A little extra spending money can certainly help to banish the winter blues so be sure to get your ticket for a chance to win-win-win. Watch for more details in the next issue of Seniority.

Volunteers will be needed to sell tickets. Please speak to your local office Coordinator if you would be available to help in your area.

Proceeds from this fundraising event will be shared among all our service offices.

Community Care
Introduces the



- ◆ Quarter or half pound of delicious locally made fudge
- ◆ Christmas moulds
- ◆ Wide variety of flavours
- ◆ Gift packages (hostess, teachers, colleagues, staff)



Place your order at your local Community Care office by November 15th, 2010

Apsley's Activities

By Peggy Downey, Community Development Coordinator

Apsley has been a hive of activity this past year with a new Arena, Roads Department Building, School and Library. With the growth in the area I know that the Home Support Services provided in the Apsley area will be more in demand than ever. Stop in at our office and see what we're about. Meet the people who provide and coordinate the services available. Our goal is to provide support so that you can stay in your home whether it's a friendly phone call, a drive to the doctor or delivering a nutritious meal to your home. Please call 705-656-4589 for more information.

Volunteers

A welcome to new volunteers who have joined the Apsley Team in various roles over the past year: Darryl, Liz, Rosanne, Georgia, Anita, and Ron. We could not exist without our Volunteers. Volunteers have the satisfaction of knowing that they make a difference in the lives of people in the North Kawartha Community. If you're interested in volunteering please call or drop in to our office.

Fundraising Events

By Mary Hall,
Administrative Volunteer In Service (AVIS)

This is our first anniversary in our new location. We have had our ups and downs but on the whole it is working. Special thanks should go to our clothing volunteers, since our amount of clothing doubled in our new location and the workload also doubled. However, they have managed to keep up with the extra load. Our fundraising is going well – the Walkathon raised \$1375.00, and our booth at the Flea Market raised \$410.00. Once again 19 volunteers came through for Community Care Tag Day making a total of \$1525.00, the largest amount in our Tag Day history.

A Big Thank You goes out to each
and every one that participated
in all our fundraising endeavours.
Your commitment to Community
Care is overwhelming!

United Way 2010 Campaign

By Heather Zak, Chief Executive Officer

Every Fall Peterborough residents come together for the annual United Way Campaign, raising funds together to meet urgent human needs by providing stable funding to front-line agencies, like Community Care Peterborough. This is probably the United Way you know best – the United Way that for the past 69 years has made possible the services people in our community have counted on when they are struggling. For example, last year thanks to your donations, United Way and its 33 member agencies: delivered **36,000** nutritious meals to **736** seniors - helping them maintain their ability to remain in their homes; provided **7900** hungry local people with food monthly, through 40 food banks and distribution projects, and **1200** coats for children in need - helping reduce the impact of poverty in our community; and provided over **3400** families, youth and individuals with emergency housing supports or shelter - enabling them to prevent homelessness or giving a safe, warm place to spend a night. This is the United Way you have

come to know – working to support the services that care for people when they need it the most.

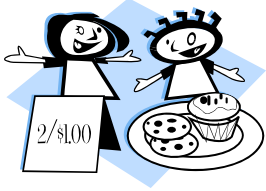
But United Way has come to understand over time that meeting urgent human needs alone is not enough. To truly have the most impact in overcoming the challenges of our community, we must address issues before they become problems in the first place. This is the other face of United Way – the one working to address the underlying root causes of social issues here in our community. This United Way administers the nationally recognized Homelessness Partnering Strategy, including a local project to move people off the streets into more stable permanent housing. Working with its member agencies, United Way tackles underlying issues of poverty, hunger and homelessness by addressing literacy, mentoring, employment, preventative counselling and support, wellness and self esteem, and community development.

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Millbrook's Moments

By Shelagh Gaffney, Community Development Coordinator

VOLUNTEERS – THANK YOU FOR ALL THAT YOU DO

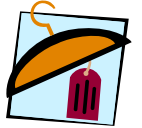


Hello from Millbrook

There are many days that I watch our volunteers at work and am amazed at all they do. Amazed at the energy they have, amazed at the pride and dedication they show, amazed at their commitment to our clients. But I'm not surprised by this because our Volunteers are AMAZING people !!

One amazing volunteer in particular is 92 years of age and still comes in to our New to You store every Monday morning. She never fails to ask me if there is anything she can do for me, always greets customers with a smile and friendly hello, she even offered to participate in Tag Day if I needed her!! Now that is the CARE in Community Care.

Our **New To You** used clothing store has undergone some changes and the result has been a fantastic increase in sales. If you are in the Millbrook area drop by and check out the great selection. With the great sales we have had, our stock of clothing is running low, if you have any gently used clothing to donate, store hours are Monday to Friday, 9:00 a.m. to 3:00 p.m.



In Partnership with the Peterborough County-City Health Unit, our next Cooking Together sessions will start September 7th. Call the office at 705-932-2011 to register or for more information.

Thank you to all of our Community Partners

Millbrook District Lions
Millbrook Chamber of Commerce
Centennial Place LTC
Masonic Lodge
Millbrook Fire Department

Millbrook B.I.A.
Township of Cavan-Monaghan
Royal Canadian Legion Branch 402
The Millbrook Times
County City Health Department

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This is the side of United Way you may not know as well... the United Way that is working to address the underlying, root causes of social issues. These two strategies go hand-in-hand. A short-term strategy for addressing urgent needs like homelessness, unemployment, and hunger through United Way's member agencies, and a long-term strategy to build strong communities and change social conditions. Our goal is to create lasting change and to strengthen, not only individuals, but the whole community.

On September 8, United Way of Peterborough and District will Kick-Off its 2010 Annual Campaign. By joining the thousands in your community who support this campaign you will know you are making a difference every single day, as well as over the long term. Your donation stays in your community and you have the assurance of low administrative costs, maximizing the impact your dollars have for the people who need it.

United Way is truly... "the way to help the most."



CAUSEWAY TREASURE TROVE

The Chemung office has recently opened a second New to You thrift shop location at 826 Ward St. (next to the OPP station) in Bridgenorth. Come on in and check out this great new location!

Hours of Operation will be:

Wednesday - Friday 10:00 a.m. to 4:00 p.m.

Saturdays 10:00 a.m. to 2:00 p.m.

Norwood's Notes

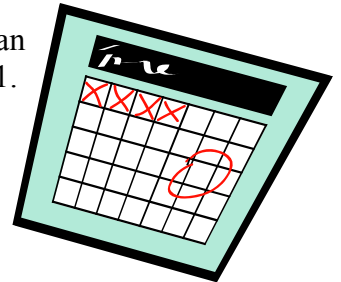
Margaret Dawson, Program Support Staff

We at Community Care Norwood have had a busy start to the year. We want to send a huge thank you and welcome to our new office volunteers, Margaret, Doreen, Cathy and Marilyn. We also want to welcome Heidi and Sherri as Brokered Workers. It's great to have you as part of the team. We have also provided a variety of services to 14 new clients.

We are very grateful for the community's continued support of our New To You shop. We are open Monday to Friday from 9:00 a.m. to 1:00 p.m. and we have our two for one sale on the last three business days of the month. We stock good, used adult and children's wear. Please drop in to our store at 2368 County Road 45 and find something which is New To You.

Events To Watch For

- Diner's Clubs will start again at noon on September 14th at the Presbyterian Church and will continue on the second Tuesday of the month until June 2011. The exception being October when we meet the first Tuesday, October 5th.
- Watch for our **Super Silent Auction** being held from October 1-13 in the Community Care office. Please drop in and see our selections and make a bid. All monies raised go to provide services for clients of the Norwood office.
- Blood Pressure and Foot Care Clinics are up and running the third Monday of the month.



Congratulations

Community Care Norwood is very proud of the dedicated group of Volunteers that help deliver our programs and services. This year we honour: Jessie Brown, Anne Carlow, Ann Mitchell and Cathy Turner who have 10 years of service and received Ontario Volunteer Awards at a ceremony in May. Also honoured are Jennifer Holden and Theo Van Will with 5 years of service. Theo and Harold Lunn were recognized by Peterborough County this year for their service to Community Care Norwood. It is a very special occasion when someone has volunteered for an organization for 20 years and we are pleased to report that Ferne DeBaeremaeker received this honour this year.

**TO ALL OUR VOLUNTEERS, STAFF, SUPPORTERS AND CLIENTS....
THANK YOU FOR MAKING COMMUNITY CARE NORWOOD GREAT!**

Norwood's Administrative Volunteer In Service (AVIS), Betty Bennett

Betty has been the desk volunteer on Wednesdays in Norwood for eight years, as well as being a volunteer driver. In May, Betty took on the AVIS role for the Norwood office.

"After 30 years moving from place to place with the Air Force, it is very satisfying to remain in one place and build the relationships that develop through volunteering with Community Care. Community Care volunteers do an amazing job of supporting seniors and helping them to comfortably and safely stay in their homes as long as possible. And the benefits are as great for volunteers as for clients."

DINE TO DONATE!

Did you know that every time you eat at the Boston Pizza on Chemong Road, you can also contribute to Community Care? It's easy. Simply print "Community Care" on your receipt and drop it in the secure box at the entrance to the restaurant. Community Care then receives 10% of the total sales.

**At Boston Pizza North,
You Eat and We Gain!!**



EVR **Emergency Volunteer Registry**
Emergency Disaster Pandemic
Peterborough City & County

United Way of Peterborough & District, 277 Stewart Street, Peterborough ON K9J 3M8

Would you like to join the Emergency Volunteer Registry?

The EVR is a vital county-wide database and referral system of Peterborough area volunteers. It is populated, maintained, and administered by United Way of Peterborough & District. It works by:

- **Registering community volunteers**
- **Registering agencies who need volunteers during a large scale emergency**
- **Receiving agency requests for volunteers during an emergency**
- **Contacting and deploying community volunteers in an emergency.**

Volunteers with every kind of skill and desire to assist are essential. People can register by calling 705-742-8839. You will be asked to attend a brief, friendly interview to provide your contact information and information about your skills and interests. Your photo will be taken for creating a photo ID badge, and you will be required to provide a Criminal Record Check (at no cost) and references.

Agencies who anticipate needing extra volunteers in the event of a declared, large scale emergency can obtain volunteers through the EVR. At the time of need, agencies will send an agency deployment request to EVR administrators at United Way. EVR volunteers whose skills match the agency's needs will then be contacted and asked if they would like to accept that volunteer assignment. When you are referred by the EVR to an agency, you become that agency's volunteer until your availability ends or the assignment ends. You will have safe and respectful instruction and supervision while you are on an EVR volunteer assignment.

For more information about the Emergency Volunteer Registry, call Lisa Smith or Cheryl Ellis at United Way of Peterborough & District at 705-742-8839. We hope we never need to use EVR volunteers! At the same time we want to be ready for a future emergency by having a large base of volunteers who are ready and willing to dig in and help out.

The EVR operates in partnership with City of Peterborough, County of Peterborough, Peterborough County-City Health Unit, Peterborough Regional Health Centre, and The Peterborough Interagency Pandemic Influenza Planning Team.

Quarry Golf Club, Charity Tournament for Community Care - Chemung Office on August 17th, 2010, raised close to \$10,000.00!!!!

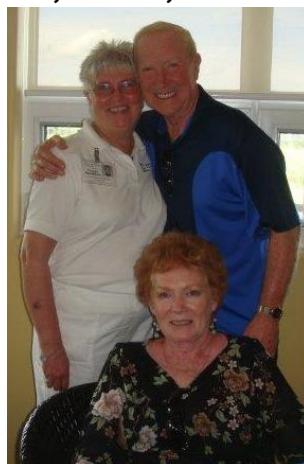
“Seniority”
sponsor:

Thank you to

“The Gardens”
for their support

**THANK
YOU!**

Chemung Office
Coordinator Yvonne
Spradbrow with
Dave Duvall (CFTO)
and SSAC Chair
Elizabeth Ionson



Community Care Partner:



**TRENT SECURITY
SYSTEMS LTD**
480 The Parkway
748-2001
www.trentsecurity.com

**Security Systems,
Medical Alarms**

10-Digit Dialing Comes to the 705 Area Code

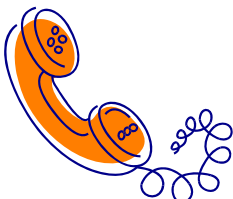
Starting on January 15th 2011, businesses and consumers in the 705 region will have to adopt 10-digit dialing – the area code followed by the phone number for all local communication, except when calling numbers with the 310 prefix. The 9-1-1 emergency number remains a three-digit number.

In fact, although not mandatory at this time, the 10-digit system is already functioning in our area. In preparation for the January 15th deadline, it is being recommended to: **Prepare yourself now!**

Need help? Contact your service provider for details on how to re-program your telecommunications devices and systems. Some charges may apply, in certain cases, depending on your service agreement.

Communicate your 10-digit numbers! Make sure to include your 10-digit phone number on your personal cheques, stationery, insurance policy, etc.

Remember to always specify your area code whenever you give out your telephone, cellular phone, pager or other numbers.



10-Digit Dialing Checklist for Residential

Re-program your telephone equipment and use 10-digit local dialing now.

Add the area code to all programmed numbers in your telecommunications equipment, including:

- Speed-dial lists
- Telephone options and functions (such as call forwarding, call blocking, call display, etc.)
- Fax machines
- Modems and internet dial-up systems
- Equipment for the hearing impaired
- Cellular phones and other wireless devices
- Alarm and security systems*
- Etc - complete this list according to your specific needs

*Many security systems dial a pre-programmed number in case of emergency. In some cases, the number includes the area code; while in others, it does not. With the introduction of 10-digit local dialing, it is possible that some systems may fail to connect emergency calls to the security company. It is therefore critical to update these systems to ensure a sound operation.

Cooking for One or Two

(taken from *The Senior Chef* - www.hls.gov.bc.ca/publications/year/1993/senchef.pdf)

VEGETABLE SOUP

Serves 2

- | | |
|--------|---|
| 2 cups | water |
| 2 tsp | beef broth base |
| 2 tbsp | rice, pearl barley, or macaroni |
| 1 cup | chopped vegetables (carrot, potato, onion, celery, tomato or your own choice) |
| 1 tsp | parsley, chopped |
| 1 tsp | green onion or chives, snipped |
| | salt and pepper to taste |



Dissolve beef broth base in boiling water. Add other ingredients and simmer 20 minutes or until vegetables are tender.

Season with parsley, green onion or chives (or any other herbs of your choice), salt and pepper.

Suggestion for completing the meal: meat sandwich and a glass of milk.

Donating to Community Care



Canada Helps is a charity helping charities!
Canada Helps is an on-line fundraising system that is:

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Donation Options:

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- * Automatic monthly donations
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Simply visit our website and click on the “Donate Now” button
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Your annual donation of \$20.00 or more will ensure that you continue to receive Seniority 3 times per year.

Your donation supports services in your own community.

Privacy Statement

Community Care Peterborough respects your privacy and complies with all legislative requirements regarding its protection. We use your personal information to keep you informed about Community Care's programs, services, special events, funding needs, volunteer opportunities and more through our newsletter and other communications. If at anytime you do not wish to receive our information, simply contact us at 705-742-7067 or privacy@commcareptbo.org and we will gladly accommodate your request.

Yes, I would like to help support the vital services provided by Community Care: _____

- I would like to make a donation:***
- Monthly Gift One Time Gift
- \$200 \$100 \$50 \$ 25 I prefer to give \$ _____
- Cheque Pre-Authorized Payment I authorize Community Care to withdraw monthly donations from my bank account (“void” cheque is enclosed).
- Please send me information on how I can make a lasting gift by remembering Community Care in my Will.

Community Care may wish to recognize leadership donors. May we publicly acknowledge your gift?

YES NO

I would like to volunteer Contact me to discuss what I can do to make a difference:
(please supply phone # or email address)

Name: _____ Phone: _____

Address: _____ Postal Code: _____

Email address: _____

Please make cheques payable to: Community Care
180 Barnardo Ave. Peterborough, ON K9H 5V3

Income Tax Receipts will be issued for donations of \$10.00 or more. Charitable Registration No. 13668 0865 RR0001

We honour a policy which states that we will not rent, trade, or exchange our donor list with any other organization.
If you do not wish to be included on the donor list, please contact our administration office at 705-742-7067.

“If your needs change...your address doesn't have to.”

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WE DO OUR BEST TO HAVE ACCURATE MAILING LISTS. IF YOU ARE ONE OF THE FEW PEOPLE WHO RECEIVE A DUPLICATE COPY OF “SENIORITY” PLEASE SHARE IT WITH A NEIGHBOUR, FRIEND OR FAMILY MEMBER. **THANK YOU**

Community Care

is a member agency of the United Way of Peterborough & District

Please support the United Way.
“Building Community
Changing Lives”



New To You - Opportunity and Community Thrift Shops

An economical way to dress in something New to You. Drop in to one of the Community Care stores to see the excellent selection of adult and children's wear:

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- Chemung**, 826 Ward St..... Wed to Fri 10 - 4, Sat 10 - 2
- Havelock**, 12B Quebec St Mon to Thur 9 - 3, Fri 9 - 12
- Millbrook**, 22 King St E Mon to Fri 9 - 3
- Norwood**, 2368 Cty Rd 45 Mon to Fri 9 - 1

